

LEOPOLD BUZZ

YOUR COMMUNITY CONNECTION

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Leopold Community & Learning Centre

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SHOWCASING LOCAL TALENT



AUTHOR, MELISSA WRAY

Melissa Wray has lived in Leopold for 20 years but she dare not call herself a local just yet! Both of her children attended Leopold Primary School and she works at the local high school. As a teacher Melissa is passionate about education, in particular literacy, and believes the ability to read and write gives power to change.

She is thrilled to share that what began as a month-long writing challenge six years ago, will now become a novel, **The Ruby Locket**, published through Odyssey Books (<https://www.odysseybooks.com.au/>).

The Ruby Locket is a young adult dystopian novel about secrets, family and courage..... When Saxon finds a girl with no memory, he is compelled to learn more. He soon realises the danger they all face. When Kerina wakes she must fight to make sense of her situation. She is the key to the future, she just doesn't know it yet.

You can see what else Melissa gets up to through her Website: <https://melissawray.blogspot.com/>

Know of another Local Talent? – We would love to showcase them in our newsletter: info@leopoldcommunitycentre.com.au

KEEPING CONNECTED

Welcome to the tenth edition of our Newsletter!

If you would like to subscribe to 'Leopold Buzz' or if you would like previous issues, please phone us on **0476 658 120** or email us at info@leopoldcommunitycentre.com.au

You can view or download all issues of the newsletter on our website: www.leopoldcommunitycentre.com.au

OFFICE HOURS: Temporarily closed

WHERE TO GET HELP

Bellarine Community Health

has established a community transport service during COVID-19. Transport can be provided to health appointments, pick-up and delivery of pre-ordered food and/or pharmacy script pick-up or drop-off. This FREE service is available to anyone who lives on the Bellarine. The service is subject to vehicle availability. To access this service, call the dedicated support number 03 5258 0835

BETHANY COVID-19 Support Line

has been established to support people living in the Geelong area. You can call for free support with issues such as:

- Anxiety and stress impacting your relationships
- Financial stress, including provision of emergency relief
- Parenting and family support
- Gambling related harm

The Support Line Counsellors will listen to you, provide support, advice and helpful strategies as well as guide you to other services that might be useful for your particular situation. **Call 1300 655 598**
Monday-Friday 10.00am-3.00pm

The Cat's Diary

Day 985 of My Captivity

Today I shall execute my revenge on the Flunky and the Snitch! I have spent my time curled up on the couch supposedly sleeping... in actual fact I have been scheming.



The Flunky loves his round thing which he revoltingly slobbers over, stupidly running back and forth chasing it... I would never engage in such a mindless activity! My plan is to dispose of this round thing – this should teach it a lesson! For maximum effect I shall use my talons to shred a cushion, but I shall do it in its bed so the Flunky will get the blame. This is extremely clever of me as the Flunky becomes distressed when a captor yells at it – unlike myself who strolls away in contempt that they dare speak to me in such a fashion. It should learn from my superior example.

Cautiously I rise from the couch, tossing a cushion as I dismount into the Flunky's bed. Landing on the cushion I have my claws at the ready and I shred the cushion with maximum efficiency; I create a suitable cloud of mayhem to be discovered long after I have escaped the scene. Now I contemplate how to deal with the Snitch – this shall be more challenging as it is still in protective custody. I stalk my way to the Snitch's location I have a sense of extreme satisfaction, my plan is diabolical in its simplicity!

I survey the room as a strategy forms in my mind, I need to find a place from where I can launch my offensive. The key is stealth – I must be silent and deadly! I spy a space on the shelf above the noisy machine that whirrs and rumbles... I do not like this machine it spews out wet things and I do not like things that are wet. As I am courageous I shall wait till it is silent and then I shall pounce on it and jump up onto the shelf.

My next to move is to locate the slobbery round thing to start implementing my cunning plan! I find the object of my mission under a kitchen chair and commence rolling it out to the laundry, my task is to conceal it in the receptacle that contains my captor's coverings. This will not please them... Success, I have completed my mission undetected. The machine is silent, now is my opportunity to position myself on the shelf and wait.

Springing up onto the shelf I make myself comfortable, I curl up and pretend to sleep, listening intently for any movement of my captors– the Snitch is chattering in its usual nonsensical twitter unaware of its fate. I wait in anticipation, my captors have retreated with the Flunky to the yard out the back, now is my time. I rise, rearing back on my legs I prepare to launch myself, I vault with great alacrity towards the Snitch; success is within my grasp! I reach the Snitch's enclosure in one magnificent leap and send it crashing to the ground. I reach inside, my stomach purring in anticipation of the delectable morsel when suddenly there is a stampede of feet running towards me from the yard. I retreat in haste to a chair under the kitchen table and feign innocence. There is a cacophony of sound – my captors are yelling, the Snitch is screeching, the Flunky is barking! Whilst I am frustrated that I was unable to retrieve the Snitch, I am pleased with the chaos I have created, I am magnificent! I wait in anticipation for my captors to encounter the disarray I have created for them in the Flunky's bed... On the whole a very satisfactory morning!

CHANGE STARTS WITH OUR GENERATION

We want to represent young people standing against all forms of violence; especially violence against women and girls, those targeted because of their appearance, gender or lifestyles.



CALLING ALL ARTISTS

ARE YOU BETWEEN 12–25 YEARS? WOULD YOU LOVE YOUR ARTWORK TO BE CHOSEN TO BE ON A FACE MASK, T-SHIRT OR BAG?

Designs must portray in words or images or both, that violence is wrong; especially against women, girls, people who are targeted because of their identity, background or ability.

Send your designs for the 16 days of Activism Use only 2-3 colours. Send in JPEG, SVG or PDF to ahaworth@geelongcity.vic.gov.au.

Download template from COGG website

Entries open 26 October and close 8 November.20



Hot Chocolate Book Club



Italian Hot Chocolate

This time we are making Italian hot chocolate, it is thick, smooth, creamy and warm. A full mug of rich hot chocolate topped with whipped cream and chocolate shavings is the perfect way to start a cold morning. If you have never tried Italian style hot chocolate (Cioccolata Calda), follow this easy recipe to learn

Ingredients: 1½ cups (360ml) Milk 1-2 tablespoons Sugar 1 tablespoon (8g) Cocoa powder 4 oz. (115g) Dark chocolate (70%) 1-2 tablespoons (7.5-15g) Cornflour, Pinch salt Whipped cream + cocoa powder/chocolate shavings for serving

Method

1. Chop the chocolate. Set aside.
2. In a small bowl whisk 1/2 milk and corn flour. Set aside.
3. In a small saucepan place the rest of the milk with sugar, salt and cocoa powder. Bring to a simmer, reduce the heat to low, add the corn flour mixture, whisk until combined and cook for 3-4 minutes.
4. Add chopped chocolate, turn the heat off and whisk for 2-3 minutes, until completely dissolved and thick.
5. Pour into a mug, garnish with whipped cream and chocolate shavings.

BOOK OF CHOICE

To keep with the Italian theme our book this week is **Italian Shoes** by Henning Mankell, it is about a surgeon who lives in self-imposed exile as he was disgraced for attempting to cover up a mishap on the operating table. Twelve years later his past is going to catch up with him.

EXERCISE YOUR BRAIN



What Am I Riddles

1. I sound like one letter but I'm written with three. I show you things when you look through me. What am I?
2. I have a bed but I never sleep. I have a mouth but I never speak
What am I?
3. Forwards I am heavy, I sure weigh a lot. But when I'm backwards, I certainly am not.
What am I?
4. I have a head and a tail that will never meet. Having too many of me is always a treat.
What am I?
5. I'm at the start of the end, and the end of every place. I'm the beginning of eternity, and the end of time and space. What am I?

Last Edition Answers

1a with

1b gate

4a hydro

4b man

2a life

2b down

5a over

5b cake

3a black

3b bite

TRISTAN'S TECH TIPS

Public Wi-Fi, should I connect?

You are away from home, low on data and want to browse Facebook or watch a video on YouTube. You look at available Wi-Fi networks and one comes up that does not require a password, should you connect to it?

If you don't know the source the answer is 100% **no**. It may just be free Internet, or it may not even be a Wi-Fi network at all but a device pretending to be one. Unsecured Wi-Fi can result in device infection or your information being stolen, including potentially your financial information.

I'm not saying this to scare you away from free Wi-Fi, but rather to make you more conscious of what *you choose to connect to*. There are many cafes, fast food restaurants, libraries and even our very Leopold Community Centre that provides free Wi-Fi. It's just a matter of connecting to places you know the source of and trust. Do not under any circumstances connect to random unknown Wi-Fi sources, especially if they don't have a password requirement.

Ok now you know the source and have verified its legitimacy and connected, any extra safety tips?

Yes, a few.

1. Do **not** log into your bank or do online shopping on Public Wi-Fi (while I can verify the community centres Wi-Fi as secure, I cannot verify anywhere else and recommend you use your own personal internet regardless)
2. If on Windows, when asked if you want your device to be seen by other users on the network, click **no**
3. Do **not** connect to unknown Public Wi-Fi
4. Wi-Fi connections with a **password** or that you need to log into (such as the library) is much more secure than no password.
5. **Turn off** automatic connectivity to Wi-Fi
6. **Turn off** Bluetooth if you are not using it, as a bonus it saves battery life too.

With that in mind, it's time to watch that YouTube video, I heard cute cat videos are always popular.

Project Corner



Dragon fly book mark

Equipment:

- Wooden clothes peg
- Coloured paper
- Tempera or poster paint
- Paint brushes
- Wiggle eyes
- White glue
- Scissors
- Black permanent marker (optional)

Paint to make a dragonfly's body.

You can paint it with a single colour or make a multi-coloured dragonfly. Make the wings by folding a piece of coloured paper in the middle. Draw one top and one slightly smaller bottom wing along the folded edge of the paper, keep the paper folded then cut along the wing outline. Unfold the paper. Decorate them paper wings by drawing colourful lines and patterns on them. You can also glue small paper shapes on.

Pinch open the clothes peg and glue the middle section of the wings onto the top prong's inner side. Clip onto something while waiting for the glue to dry. This will prevent the clothespin from being accidentally glued shut. Finally, glue a pair of wiggle eyes. You can make your own out of paper, I use the dots left in the hole-puncher and then just put a black spot on them so they look like eyes.

What's in the Night Sky?

October is the month for Mars. The Red Planet arrives at opposition to the Sun on Oct. 13, in the zodiacal constellation of Pisces, visible from dusk to dawn and shining at an eye-popping magnitude of -2.6, a full three times brighter than Sirius; brighter than even mighty Jupiter!

