

LEOPOLD BUZZ

YOUR COMMUNITY CONNECTION

ISSUE 11 | OCTOBER, 2020



Leopold Community & Learning Centre

31-39 Kensington Road, Leopold 3224

info@leopoldcommunitycentre.com.au

www.leopoldcommunitycentre.com.au



BE PART OF THE NATION'S LARGEST CONSERVATION EVENT

BirdLife Australia are calling all Australians to take part in their Aussie Backyard Bird Count this year, 19-25 October – to help track and protect native birds for future generations.

To take part all you need is 20 minutes in your favourite outdoor space – your backyard, a local park, a walking trail, down by the beach, or the main street of town – and the Bird Count app for Android or iPhone makes it easy. You'll get to know your bird-y neighbours a bit better, and be contributing to a nation-wide pool of bird data.

Part of the fun is getting to know the birds that live in our area. Most of the birds you can probably identify but there's always one or two elusive species to learn more about. BirdLife Australia has compiled a whole heap of resources to help you to get to know your local birds.

To learn more visit: aussiebirdcount.org.au

KEEPING CONNECTED

Welcome to the eleventh edition of our Newsletter!

If you would like to subscribe to 'Leopold Buzz' or if you would like previous issues, please phone us on **0476 658 120** or email us at info@leopoldcommunitycentre.com.au

You can view or download all issues of the newsletter on our website: www.leopoldcommunitycentre.com.au

OFFICE HOURS: Temporarily closed

WHERE TO GET HELP

COVID19 EXTREME HARDSHIP SUPPORT PROGRAM

The Extreme Hardship Support Program is emergency financial relief to help people pay for food, medicine or bills during the coronavirus (COVID-19) pandemic.

Red Cross, Brotherhood of St Laurence and the Department of Health and Human Services have implemented the Extreme Hardship Support Program to provide emergency financial assistance to people who are unable to access income support.

To be eligible for this program a person must:

- Live in Victoria
- Be unable to access Commonwealth income support (such as Job Keeper or Job Seeker) or the Victorian International Student Emergency Relief fund, and
- Have zero or very limited income, savings or community support
- Be a temporary or provisional visa holder, or an undocumented migrant.

To apply for emergency financial assistance go to www.redcross.org.au/vicrelief. Applicants will need their passport and bank statements showing transactions from the last 2 weeks.

Dedicated help line: 1800 855 240

The Brotherhood of St Laurence are happy to arrange an information session within the community about the program and the application process.



Brotherhood of St Laurence
Working for an Australia free of poverty

The Cat's Diary

Day 993 of My Captivity

After my triumphant morning last week, things have not been going well...until today. Firstly, I shall apprise you of the disgraceful behaviour of my captors over the past week. The Snitch obviously informed them of my attempt to set it free and it not only remains in protective custody its enclosure has been "relocated" to the top of the fridge – apparently this is a safer location...they have no idea who they are dealing with. As a consequence I have been isolated from this area unless there is a captor present and appallingly they have removed my food vessel to the back room where I am locked up until I consume its contents....I would hardly call it edible, but I must keep up my strength.

On a positive note I have gained a new title "Bad Cat", whilst my captors think this is a reprimand, I find it preferable to my previous title of "Fluffy" and believe it adds to my charisma. To add to the indignity of my situation they have placed a restraint around my throat, it has a bell on it that tinkles every time I move... are they serious? This is a minor setback in my opinion. The Flunky has been sulking, looking for its slobbery round thing, curling up in its bed for ages; so that is a victory! However, one of my captors deduced that I was the one to tear the cushion apart so, to add to my humiliation I have also been banned from the soft furniture unless closely supervised...This captor must be more intelligent than I thought...I must watch them more closely.

I decided that my captors required remedial cat training, this is proving difficult; I am determined to prevail however and I have developed an individualised training program for each captor, some are more challenging than others. I have started with the Dad captor as he showed the most promise, it remains aloof and does not torture me with hugs and kisses, nor does it allow me to sit on its lap...for now! I have introduced the first part of my program entitled: "The cat is allowed on all the furniture, and is allowed to sleep on the bed." Currently I am lifted off unceremoniously, but I persist to locate myself on the couch and bed as I please, I continue to feign indifference knowing eventually I shall wear them down.

I digress; today I have triumphed! The Dad captor has arrived home with a pedestal on which to place my magnificent self!



It is a tower to celebrate my glory, and whilst I am not keen on the decorative carpet it is encased in – I think it should be adorned in gold leaf befitting my august Egyptian ancestors – I am satisfied that my captors have finally recognised my sovereignty. I have positioned myself at the top and survey my realm... I am not sure why they have dangled fake mice and birds at various points... perhaps they represent a sacrifice of some sort to the god that I am! I must contemplate my next move; it must be something that reflects my brilliance and destroys the bell...

What will the cat get up to next time? Is escape imminent? Will the captors start cat worshipping?



Cancer Council
Girls' Night In

Trivia Night

Friday 25th October at 7.00 pm

Did you know that each year, 15,700 Victorian women are diagnosed with cancer, and 6,000 of those will be a breast or gynaecological cancer?

The good news is that the rate of women dying from cancer has been steadily declining over the past ten years. This is thanks to improvements in treatment, earlier detection of cancers through screening, and reductions in tobacco use.

I'm passionate about saving even more lives, so I'm helping Cancer Council Victoria by hosting a Girls' Night In.

Every dollar raised adds up, and will make a huge difference to the women in our lives affected by cancer. I'd love your support if you can give to this life-saving cause!

To register use the following link

<https://girlsnightin.cancervic.org.au/s/1269/1026/e>

Kerrie Tomkins, Leopold Community & Learning Centre

Hot Chocolate Book Club

Russian Hot Chocolate

Another yummy hot chocolate to sample, this time from Russia.



Ingredients

- 1/2 cup crème fraîche or whipped cream
- 1 teaspoon brown sugar
- Finely grated orange rind, to taste
- 2 tablespoons corn starch
- 1 1/4 cups heavy cream
- 1 1/4 cups milk
- 1 vanilla bean, split
- 200 grams bittersweet chocolate, chopped and 3 tablespoons butter

Method

1. Make the Orange Crème Fraîche: Combine all the ingredients in a chilled bowl and whisk until soft peaks form. Chill until ready to serve.
2. Make the Pudding: In a bowl whisk together the sugar and corn starch to blend. Whisk in the cream, milk, and vanilla bean. Pour mixture into a stainless steel saucepan and bring it to a boil, whisking, until thickened, about 4 minutes.
3. Remove the pan from the heat and whisk in the chocolate and butter until melted. Fish out the vanilla bean and rinse it. Wrap the vanilla bean in plastic wrap and refrigerate for another use.
4. Pour the hot chocolate into warmed cups and serve immediately with dollops of the orange crème fraîche served on the side.

BOOK OF CHOICE

Since we have travelled to Russia this week why not try a classic – **Dr Zhivago** by Boris Pasternak. This epic tale tells about the effects of the Russian Revolution and its aftermath on a bourgeois family and is a bit of a tear jerker, so keep a box of tissues handy. Or branch out and try "**The Brothers Karamazov**," by Fyodor Dostoevsky this is a tale of murder and lust, It's a lot of fun, which often gets forgotten due to the way Dostoevsky combines philosophical themes with some of the best-drawn characters ever put to the page.

EXERCISE YOUR BRAIN



1. Ten ladies tried to fit under a small umbrella, none of them got wet. How did they do it?
2. What kind of cheese is made backwards?
3. A man is washing windows on the 25th floor of an apartment building. Suddenly, he slips and falls. He has nothing to cushion his fall, and no safety equipment—but he doesn't get hurt. How is this possible?
4. When you want to use me, you throw me away. When you're done using me, you bring me in. What am I?
5. I have a head but no body, a heart but no blood. Just leaves and no branches, I grow without wood. What am I?

Edition 10 Answers

1. An eye
2. A river
3. A ton
4. A coin
5. The letter E

TRISTAN'S TECH TIPS

What is PayPal?

PayPal is a service that acts as a intermediary between you and the website you are purchasing from.

You pay PayPal and then PayPal instantly pays the website on your behalf. But why use them at all?

All major websites like Kmart and Mervyn's are totally trustworthy to put your card details into. But some websites you come across on the internet are not major, but a small business, and some are not trustworthy to give your details to at all.

PayPal keeps you safe from the dodgy places and gives you confidence to purchase from small businesses that are totally legitimate too, because PayPal are the ones doing the purchasing. Purchases through PayPal are insured too, giving peace of mind.

PayPal requires you to create an account on their website, paypal.com with an email address or phone number and a secure password.

Once you add your debit/credit card, or banking details you can now shop online with only PayPal having those details, instead of every website you want to purchase from.

I personally use PayPal all the time online because I hate the idea of putting my card details into heaps of websites, which is why I recommend them. PayPal is not a sponsor of Leopold Community & Learning Centre.

Project Corner

As Remembrance Day is not that far away we thought this might be a good project.



Crochet terms to make this poppy.

Ch = Chain

Sl st = Slip Stich

tr = treble

dc = double crochet

Instructions:

Make a slip knot and chain 3. Then work 10tr into the first ch. Sl st into third chain to join. (10sts)

3ch, 3tr into each tr from previous round. Sl st in third ch to join. (30sts)

3ch, 3tr into each tr from previous round. Sl st in third ch to join. (90sts)

3ch, 1dc in next st, *2ch, 1dc in next st, rep from * to end. Fasten off. But do not cut ends.

With the starting tail thread, sew on a button to the centre front of your poppy.

Flip the poppy over and on the reverse with the tail left from finishing the crochet work; sew on a safety pin or broach pin. I like to sew mine just above the centre, so that when it's worn it won't flop down when it's being worn.

What's in the Night Sky?

Bright **Mars** is at opposition and visible all night long.

Jupiter and **Saturn** are in the evening sky and can be seen as soon as darkness falls.

Venus is shining brilliantly before dawn.

Look for variable star **Mira**, shining at its brightest.

Conditions are ideal for the **Orionid meteor shower**.

There are two full moons in October – on the 1st and the 31st.

Here's more about the stars and planets you can see in the night sky in October 2020.

<https://www.skymania.com/wp/southern-hemisphere-sky-chart/>

