

LEOPOLD BUZZ

YOUR COMMUNITY CONNECTION

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Leopold Community & Learning Centre

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REMEMBRANCE DAY 11 NOVEMBER

At 11 am on 11 November 1918 the guns on the Western Front fell silent after more than four years of continuous warfare. The allied armies had driven the German invaders back, having inflicted heavy defeats upon them over the preceding four months. In November the Germans called for an armistice (suspension of fighting) in order to secure a peace settlement. They accepted allied terms that amounted to unconditional surrender.

The 11th hour of the 11th day of the 11th month attained a special significance in the post-war years. Originally known as Armistice Day, the moment when hostilities ceased on the Western Front became universally associated with the remembrance of those who had died in the war which left between 9 and 13 million dead. The district of Leopold made a huge contribution to the Australian Imperial Force, out of the 166 enlisted, 42 were killed and lie buried in foreign lands. In 1997, Governor-General Sir William Deane issued a proclamation formally declaring 11 November to be Remembrance Day, urging all Australians to observe one minute's silence at 11 am on 11 November each year to remember those who died or suffered for Australia's cause in all wars and armed conflicts.

Over the past couple of years there has been a Remembrance Day Service held at the Leopold War Memorial, Corner Melaleuka Road and Stringers Lane, Leopold. Unfortunately this year, due to COVID-19 restrictions, a formal service will not be held, however members of the Leopold War Memorial Committee will lay a wreath and observe one minute's silence at 11 am. Members of the public are welcome to pay their respects and lay a wreath in a private capacity.

WHERE TO GET HELP COVID19 EXTREME HARDSHIP SUPPORT PROGRAM

The Extreme Hardship Support Program is emergency financial relief to help people pay for food, medicine or bills during the coronavirus (COVID-19) pandemic.

Red Cross, Brotherhood of St Laurence and the Department of Health and Human Services have implemented the Extreme Hardship Support Program to provide emergency financial assistance to people who are unable to access income support.

To be eligible for this program a person must:

- Live in Victoria
- Be unable to access Commonwealth income support (such as Job Keeper or Job Seeker) or the Victorian International Student Emergency Relief fund, and
- Have zero or very limited income, savings or community support
- Be a temporary or provisional visa holder, or an undocumented migrant.

To apply for emergency financial assistance go to www.redcross.org.au/vicrelief. Applicants will need their passport and bank statements showing transactions from the last 2 weeks.

Dedicated help line: 1800 855 240

KEEPING CONNECTED Welcome to the twelfth edition of Leopold BUZZ. You can view or download all issues of the newsletter on our website: www.leopoldcommunitycentre.com.au or email us: info@leopoldcommunitycentre.com.au
OFFICE HOURS: Temporarily Closed

The Cat's Diary

Day 1000 of My Captivity

I have situated myself in a dignified manner atop my pedestal to deliberate my next move. I am singularly unimpressed that my captors have reneged on my preferred title and reverted to calling me Fluffy, I shall not allow this to continue! I have incubated a cunning plan to secure my release and the title of "Bad Cat" in one brilliantly executed move and the Flunky will be my unwitting accomplice.



I am very pleased with myself as I jump down and saunter casually over to the Flunky, it has no clue, I make sure I wave my tail in front of its face to demonstrate my contempt and then I pounce on its tail before jumping on to the back of the couch. It launches itself towards me, barking and toppling all manner of objects in its hopeless attempt to catch me. Chaos reigns supreme once more and I have achieved my desired effect as the mum captor comes rushing into the room, leaving the door to the outside world ajar! Freedom is mine at last and I rush out the door, followed by the Flunky, just as I make my escape I hear the captor call out "Bad Cat" to my extreme satisfaction!

I pause momentarily, surprised by the light and vast expanse of the outside world, unfortunately this allows the Flunky to gain on me. Just as it is about to launch itself upon me I spring with alacrity up into the boughs of a nearby tree – this was an excellent move as I am able to survey the surrounds and avoid the Flunky and the captor who are now making a lot of noise. I calmly look down upon them while I consider my next move, the captor demanding I come down out of the tree.

In response to their request I climb further up and locate myself on a sturdy branch near the top and settle in to wait for their interest in me to subside and contemplate what I shall do with my new found liberty. To my extreme annoyance the mum captor persists in calling out "Fluffy" – how can I be taken seriously with a name like that! It gets worse; more captors have gathered around the base of my tree and they have armed themselves with various paraphernalia. They wave around nuggets of food, brooms and can you believe it even a fake mouse! I ignore this ridiculous behaviour, it is beneath my dignity to respond, although, as I look down I note that I am a long way from the ground and consider that when I decide to leave going down may be more problematic than going up. I shall contemplate this while they all carry on absurdly below.

Will Bad Cat come down from the tree and venture out into the world or will the captors prevail and execute a rescue?

EXERCISE YOUR BRAIN



1. I have keys, but no locks. I have space, but no room. You can enter, but you can't go outside. What am I?
2. What can never be put into a saucepan?
3. What gets bigger the more you take away?
4. Why can't you take a picture of a woman with a cane basket?
5. A man shaves several times a day but still has a beard. Who is he?

Last Edition answers:

1. It wasn't raining! 2. Edam 3. He's washing windows inside the building. 4. An anchor 5. Lettuce!

Hot Chocolate Book Club

Icelandic Hot Chocolate

This week we are off to Iceland and this hot chocolate is delicious!

Ingredients

- 2 cups whole milk
- 4 tablespoons unsweetened cocoa powder
- 1 tablespoon white sugar
- 1/4 teaspoon vanilla extract
- 1/4 teaspoon sea salt

Instructions

- Heat milk in a tall saucepan over medium-high heat. When the milk starts to froth, turn down the heat to medium-low.
- Add cocoa, sugar, vanilla, and salt to the saucepan. Use a whisk to mix the contents until thoroughly combined.
- Pour into a serving mug. Optionally top with whipped cream and cocoa powder.



BOOK OF CHOICE In keeping with the theme of our hot chocolate our book is set in Iceland, **Angels of the Universe** by Einar Már Guðmundsson. Born on the day Iceland joined NATO, this novel's unstable narrator worries this and other incidental phenomena into a highly complex, hilarious, and tragic cosmology. More interested in David Bowie and the Beatles than the Nordic sagas that shape the lives of the working-class peoples of Reykjavik, Paul retreats into his own fantastic, schizophrenic, painful world. His madness springs from bits of reality and brighter strikes of insanity. Out-of-work and aimless, tormented by bouts of drinking and ferocious tantrums, Paul's behaviours lead him to Klepp, a psychiatric hospital outside Reykjavik where he plays out his days in therapy and frantic conversation with its resident patients. Klepp tends to a variety of disturbed people creating comedic havoc.

COMMITTEE OF MANAGEMENT POSITIONS

The Leopold Community and Learning Centre is seeking expressions of interest from prospective community members and professionals interested in joining the Management Committee to fill vacancies and complement the balance of skills and experience of existing Committee members.

The Centre is located at the Community Hub, 31-39 Kensington Road, Leopold and is governed by a volunteer Committee of Management. We are a Not for Profit organisation offering a range of services including, health and well-being activities, personal development and social activities, various craft classes, technology support etc. for the local community.

About the Role:

Members of the Committee of Management are expected to:

- Have a genuine interest in supporting a local grass-roots community organisation
- Have a strong connection to the greater Leopold area, either as a resident, worker, or business owner.
- Exhibit a strong collaborative approach to achieving community outcomes
- Contribute skills and experience to support the Committee of Management, LCLC Manager, and local community

Commitment:

- The Committee of Management meets bi-monthly. Meetings are usually held on a week day evening, however this is under review
- Participate in any additional meetings, communications, community engagement and other activities as required
- Average commitment estimated at 2-3 voluntary hours per month

Expressions of Interest forms can be obtained by emailing: info@leopoldcommunitycentre.com.au



TRISTAN'S TECH TIPS

Useful Apps for children. (Android and iOS)

With the kids/grandkids home more often than ever, chances are they will want to spend some time on your phone or tablet. But what are some safe and useful apps that can keep them occupied? I will list some below.

ABC kids/ME: A free app that contains all of ABCs considerable arsenal of children's content, most likely containing a lot of your child's favourite programs. Contains parental controls that can limit watch time and filter results. ABC kids is best for the little ones and ABC ME for primary school age children.

YouTube kids: I Know, two video apps in a row. But let's face it, kids love YouTube, so you might as well have a free official app that only shows child-appropriate content (2-12 years). It is recommended to view watch history periodically just in case, because no filter is perfect, but they are significantly less likely to stumble upon inappropriate videos on this app.

MentalUP: ad free and contains educational games for all children from toddlers to primary school. Examples include puzzles, logic, math and memory games. Free with in app purchases.

Duolingo: I once recommended Duolingo for adults who would like to learn a language for free, but it has also proven to be good for slightly older kids (10ish) who are interested in learning a language other than English, it may even give them an advantage in their primary or secondary school language class!

BorrowBox: I also recommended BorrowBox to adults, but it is also perfect for children. Borrow eBooks and Audiobooks for free from the Geelong Regional Libraries. Requires a Library Card.

Project Corner

DRYING HERBS

So you still have herbs when they are out of season, dry your herbs so you can have them at hand to use at a later



Ingredients

Individual herb leaves
Kitchen paper
Baking trays

Method

Place the herb leaves individually on to the kitchen paper laid out on baking trays. Then find a sunny airy window sill to put the trays on and leave for 1 to 2 days. Keep a check on them – they will wrinkle a little and feel dry when they are ready. Crush them and store in a jar.

SUDOKU

Below are instructions on how to complete a Sudoku Puzzle for those who have never tried. Once you read the instructions, why not try the following easy puzzle. Answers next edition.

8		7			4			9
1		9	8		2	3		7
	3	5			7	4		6
6		4	7	8		9	3	
9		3			1		7	
7	8				3	1	4	
	7	1	4		9	8		3
4	2		3	7	6		9	1
3	9		1		8	7		4

9	8	1	3	6	5	2	7	4
7	6	5	4	8	2	3	1	9
2	4	3	1	7	9	8	5	6
1	9	2	6	3	4	7	8	5
4	3	7	5	2	8	9	6	1
8	5	6	9	1	7	4	3	2
3	2	4	7	5	6	1	9	8
5	1	8	2	9	3	6	4	7
6	7	9	8	4	1	5	2	3

Sudoku puzzles require you to find the missing numbers in a 9 by 9 grid, with that grid itself divided into 9 square grids of 3 by 3.

You can't just add any numbers, though. There are rules that making solving the puzzle challenging.

A number can only occur once in a row, column, or square.

To solve a Sudoku, look for open spaces where its row, column and square already have enough other numbers filled in to tell you the correct value. The more squares you fill in, the easier the puzzle is to finish!