

LEOPOLD BUZZ



Leopold Community & Learning Centre

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YOUR COMMUNITY CONNECTION

ISSUE 20 | JUNE, 2021



Off to school.....

Storytelling

When you tell a story, you trigger a connection – it's how humans have communicated since the beginning of time. When we pass down our stories, we give future generations an invaluable gift. Children gain a sense of belonging, learning that they fit into something bigger than themselves. Adult children may see their parents from a new perspective, and gain a deeper understanding or appreciation of their lives. Because of this, stories have a unique ability to build connections.

We all have family stories, learn how to tell them through writing or podcasting, if you are not familiar with podcasting: a podcast is a downloadable audio file that anyone can listen to at any time.

To help you in telling your story, the Leopold Community & Learning Centre is offering a four week course enabling you to continue the oral art of storytelling. The cost for the course is \$20 and you will come away with a permanent recording of your story for generations to come to listen to. If you would prefer to write your story, we have a weekly class commencing 9th June at a cost of \$5.00 per class

For more information, please contact the Centre
Email: info@leopoldcommunitycentre.com.au
Phone: 52501301

KEEPING CONNECTED

Welcome to the 20th edition of Leopold BUZZ. You can view or download all issues of the newsletter on our website: www.leopoldcommunitycentre.com.au or email: info@leopoldcommunitycentre.com.au

OFFICE HOURS: Monday – Thursday 9.30 – 3.30

Phone: 5250 1301

WHERE TO GET HELP

Updated Advice: Circuit Breaker

- The Community Centre will reopen on Monday 7th June with up to 10 participants per class/activity only, all participants will be socially distanced at one person per four square meters
- a maximum of 50 people are allowed in the Leopold Community Hub at a time
- Face masks must continue to be worn indoors, and worn outdoors where 1.5 meters distance cannot be observed.
- Weights and Balance Class and Zumba Class have been postponed
- Winter Warmers – Tuesday soup has been postponed
- Swap cart has been 'put on hold'

Visit our website for updated details

Technology Help

Trouble shoot those one off problems you are having with your phone, tablet, online form or computer.

Mondays, Tuesdays and Wednesdays
10.00 am—2.00 pm

Cost: \$5.00 for 20 minutes.

One on one assistance.

Phone: 52501301 to make an appointment
Bookings essential

Magpie Larks

Reconnaissance – time to strike!

It is mid-morning and I have just returned to Operations Command (gumtree outside Mrs Greyhead's) having completed a sweep of the neighbourhood looking for our target. I line up on the branch next to Swipes ready to report what I discovered on my survey mission. Horace gives me a steely eyed gaze before barking at me, "Have you located the target Bomber? Is it a suitable location to launch our attack?"

"I can confirm that the target The Black Hulk has been sighted sunning itself on the bonnet of a black car parked outside Bronson the Doberman's territory. He seemed relaxed and unaware of my fly over, I think it is a perfect location as it is out in the open and will give us maximum opportunity to achieve our mission." Horace bobs his head in agreement, "right everyone," he shouts "equipment check, and does everyone have their rocks ready? That's will be our first manoeuvre – Rock and Drop remember?"

I look across at Hops, I can tell he is unsettled by the way he is hopping up and down on his one good leg. Who can blame him? His first encounter with The Black Hulk was when he was a juvenile, he was enjoying an early morning bath in Mrs Greyhead's back yard when The Hulk pounced on him, knocking the wind out of him as he fell stunned on to the grass below.

He rolled on to his feet and tried to fly away as the beast grabbed him by the leg with his teeth, as he tells it he flapped his wings, started squawking and turned to stab the monster between the eyes as it swiped his head with one of his paws, he thought he was a goner! Lucky for him Mrs Greyhead popped her head out to see what all the noise was about, and had the presence of mind to grab The Hulk by the tail and pull it which enabled him to escape. Unfortunately his left leg was damaged in this encounter and why he has been called "Hops" ever since.

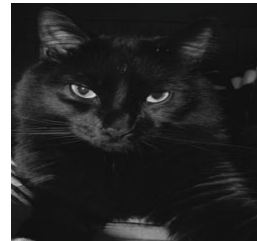
Hops was lucky some of our other juveniles have not – The Black Hulk has terrorised us and other birds in our neighbourhood for a long time, sneaking about at night and wreaking havoc on the young in our nests. It was time to stop the carnage, we can handle the cats who are out and about during the day – but the nights were a



terror especially as being black the fiend blended in on moonless nights when he was at his most chilling.

Horace was marching up and down the branch above us, "ok everyone, fly out in formation – Bomber you lead off and remember everyone, swoop in fast and low and release your payload one at a time in swift sequence, rain stones upon the devil like hail from the sky!" The aim was to terrorise The Black Hulk as he had done to us and chase it from our neighbourhood. This was to be the first of many strikes we had planned!

... Will Bomber and his crew be successful in their mission or will The Black Hulk triumph?



THE BLACK HULK

LEOPOLD COMMUNITY & LEARNING CENTRE

GEELONG - BACK IN THE DAY

Podcast Series 1:
Episode 1
Stories from my Grandmother

Listen to the Podcast on our website
www.leopoldcommunitycentre.com.au

With Kerrie Tomkins

If you would like to take part in future episodes with your own stories, or those of your Grandparents, call the Centre 5250 1301



Centre Highlights in May

Australia's Biggest Morning Tea

Thank you to all those who attended our High Tea to support the Cancer Council, a total of \$512.00 was raised. The morning tea was spearheaded by Committee of Management member and volunteer, Jeff Bunney with help from a number of volunteers who baked and served on the day, contributing to a successful and enjoyable morning.



'No Fail Sponge' Workshop



All participants at the 'No Fail Sponge' Workshop left more knowledgeable and confident of their ability to make that perfect sponge. June shared her tips and lent her expertise, having everyone sifting flour six times! However it was well worth the effort and everyone left with a smile on their face and a very yummy sponge to take home.

Upcoming Activities in June

9th June

WRITING LINES

Find your own unique voice through creative writing with this new weekly class which will provide a supportive environment in which to share experiences. Learn about various forms of writing and gain skills and knowledge to help you get started to write your own story.

Wednesdays at 1.00 p.m.

Cost: \$5.00

14th June

HOT CHOCOLATE BOOKROOM -The Book Club with a Difference!

Travel the world through chocolate and stories. Each month you get to enjoy a hot chocolate from a different country and choose a book from the country of the month to read and share.

Month of June: **Italy**

Second Monday of the month at 1.00 p.m.

Cost: \$5.00

21st June

WELLBEING SERIES FOR SENIORS

Session 3: Security, Relationships, Connectedness

Importance of feeling secure in where we live (accommodation) our life (ensuring we have planned or even thought about the future) and have relationships which make us feel safe, secure and give us a sense of belonging.

Monday 10.00 a.m.

Morning tea provided

Cost: Gold coin donation

28th June

MELODIES AND MUFFINS

Colour your life on the last Monday of the month with a sing-a-long, muffin and cuppa. You'll be singing the blues with a blueberry muffin!!

First sing-a-long Monday 28th at 2.00 p.m. Cost: \$5.00

** May be postponed due to Covid19 restrictions

TRISTAN'S TECH TIPS

Does my phone need protection?

Old phones never needed protection, you could drop that old Nokia and the pavement would crack, but nowadays phones are a little more delicate. So should I protect them?

If it is a cheap phone it's really up to you, many don't bother because a crack is not too devastating on a cheap phone. But if it is a fancy new phone with a glass back it can cost hundreds of dollars to replace the back or screen. If you need protection I recommend the following:

- A soft silicone or malleable plastic (not ridged**) case with drop protection (my case is rated for 8 foot drops and some are even higher)
- Cases with a cover for the screen are optional because they can be awkward to hold for long periods of time (I don't have one)
- A tempered glass screen protector is recommended, especially for cases without covers. This offers increased scratch protection (if it gets scratched you can pull it off and the screen is pristine, ready for a new one)
- Those who hate cases can keep their phone in a phone holster, a leather pouch that clips into their belt, this also eliminates that chance of your phone falling out of your bag or pocket

Ultimately you don't need to stress too much about the prices of cases. Some people have been completely fine with a \$10 case from EBay, others swear by their expensive brand cases. Even if the case doesn't survive, the important thing is that your phone does.

****Cheap hard, rigid plastic cases are prone to cracking in everyday use, let alone dropping and have a nasty habit of flinging the phone across the floor when it flies out of the case after the plastic cracks.**

Leopold Garden Club



We are coming into winter and the days available for time out in the Garden are getting less because of the weather and many of the plants are doing very little growth. Plus many of us prefer the indoors with a cuppa. The good news is that at least on the 3rd Monday afternoon of the month the Garden Club meets. It is indoors we can have a cuppa and you get to meet with an enthusiastic group. Share gardening tips, anecdotes (mainly from the co-ordinator who loves the sound of his own voice), if you have questions this is the chance to get an answer (Estimate there must be about a 1000 years of gardening knowledge in the room). What the group can't answer the co-ordinator will make up. You will also enjoy the 2 hecklers or trouble makers (as the co-ordinator refers to the 2 female members who always sit at the back) and at their age too!

If you missed May's meeting you missed the chance of getting a Passionfruit seedling from a collection of well grown seedling brought in by a member. There were seeds of various kinds also available for free as well as strawberry seedlings, gladioli bulb lets, and bearded iris corms.

The June meeting promises not only that cuppa, companionship, chatter, comprehensive information, but further coverage of budding and grafting ready for July. A display of the use of the dibble. Seeds and seedlings will no doubt be available again, but also how to prepare your garden for spring sowing.

Join us and get in out of the cold even if only for the cuppa.

Dimitrij Betz,
Garden Club Co-ordinator

NEXT MEETING: 21st JUNE, 2021