

LEOPOLD BUZZ



Leopold Community & Learning Centre

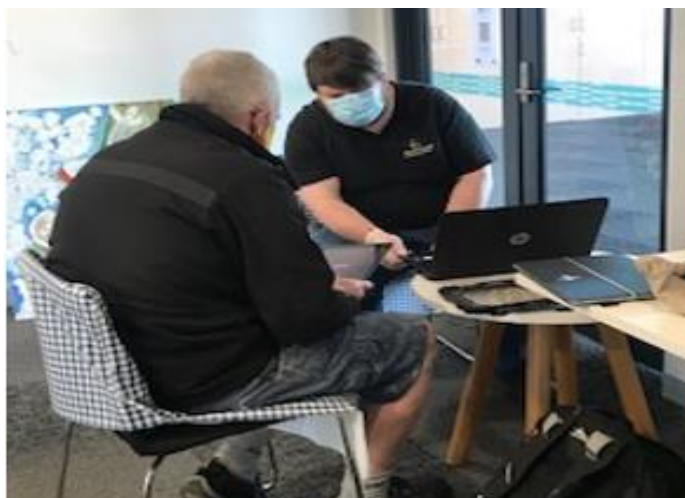
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YOUR COMMUNITY CONNECTION

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TECHNOLOGY HELP

The Leopold Community and Learning Centre is your local place for friendly help and support with technology. Tristan, our Technology whiz, can help you develop your digital skills so that you can approach technology with confidence. He has a Certificate 3 in IT from TAFE and IT Essentials: PC Hardware and Software qualification from CISCO Academy. Tristan can help with:

- **Computer, Tablet, Mobile Phone and other device troubleshooting and maintenance**
- **Email and website sign ups** (including MyGov)
- **Tutoring in how to use devices – general or specific** (e.g. How to send pictures)
- **Advice on devices and services including budgets** (what kind of phone suits budget, cheap pre-paid plans ext.)
- **Power Saving Bonus** (until it closes next year)
- **Covid Vaccination Certificate help**
- **General IT advice**

To make an appointment with Tristan, simply phone the Centre on 52 501 301.

Cost: \$5.00 for a 20 minute session

Leopold Community and Learning Centre
Office Hours:

Monday – Thursday 9.30 a.m. to 3.30 p.m.

Phone: 52 501 301

WHERE TO GET HELP

Do you need help to get to a Vaccination Centre?

Volunteering Geelong were successful in receiving federal funds to support a community transport initiative to assist people getting to and from their vaccinations. This opportunity is available to people throughout the Barwon region. Transport can be arranged to vaccination venues, such as through GP clinics, Bellarine Community Health etc. These details will be arranged when people call Volunteering Geelong.

Up to twenty community members will be provided with transport from their homes each weekday via two 8-seater vehicles performing two trips each day one at 10.30 a.m. and a second at 2.00 p.m.

Volunteering Geelong has partnered with the City of Greater Geelong, Barwon Health and Western Victoria Primary Health Network to deliver the program

For more information and to make a booking to access the community transport service contact Volunteering Geelong on 52 211 377 during business hours.

Magpie Larks

Week 8

Splat Take That! Or Bombs Away!

Finally we have agreed on our tactical manoeuvres going forward to deal with White Van Man. Swipes and I are off on a scouting mission and see the white van parked in front of my tree – I really miss my old home, I need to get it back and I am determined to do so. There is no sign of the despicable White Van Man so I call out to Swipes, “bombs away” and swoop down over the van and then splat, we land our loads on the windscreen– direct hits and they smear all over the glass.

We head back to our meeting tree and report our victory to Hops and Baldy who head out to perform the same operation. We are going to sustain this attack for the next few days and we have engaged assistance from a few of the local cockatoos who seem to find the whole situation as a bit of fun and cheekily have started tearing bits off the van. Even Horace has joined in the splat attack – he seems to be enjoying the attack also, suits his wry humour I think.

Baldy lands on the branch next to me and nearly falls off it he is laughing so much. “You should have seen it Bomber! When the White Van guy goes back to his van and sees the mess we have made, he started yelling. Then he got in the van and put the wipers on as he drove off and all it did was make it worse and smears it all over the window because the cockatoos have chewed of half the wipers. And then ha, ha, hehe, ha.” Baldy loses his grip and falls back he is laughing so much and has to right himself before continuing on.

He settles back on the branch still chuckling, “and then, then, he winds down the side window and sticks his head out to see where he is going, when Horace – perfect timing mate – swoops down and splats him right on the head! It gets even better, it’s running down his face and he ends up putting on the brakes, but as he does so the guy with the black car is behind him and ends up crashing in to the back of the van! Two with one blow mate it was AWESOME!” He starts laughing again. “You should have seen it mate, best thing ever!”



“I think I need to go see this for myself,” I say and I fly off to our old street to take a look and Baldy follows. We fly over the chaotic scene and land on a tree nearby to watch, Swipes, Hops and Horace are already there admiring our handiwork – I have never heard Horace ‘crow’ so much; he is a champion!

Both vehicles are looking rather crumpled and the two men are on the footpath, waving their arms around and shouting at each other. Mrs Greyhead pops her head out to take a look and then comes out into the front garden to watch what is going on and looks highly entertained. Not long after we can hear sirens and then blue flashing lights come round the corner, White Van man and the black car guy stop their shouting but they still look angry.

“Well, I think our job is done here, welcome back home you lot,” says Horace as he flies off and we follow him as none of us are fans of sirens and flashing lights. I fly back to the missus to give her the news that we can probably move back to our tree and she is very happy to hear that – so is the kookaburra!

Will Bomber and his family get to move back home? Will White Van man admit defeat or will he return with new determination?

TERM 4 WORKSHOPS

Get your Granny on Workshops - \$30: Concession \$20

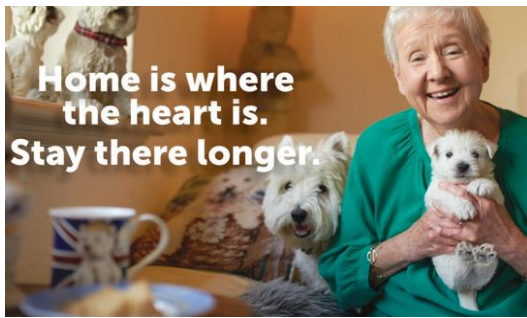
- Homemade Soap and Washing Powder
- Beer bread and Ricotta Cheese
- Make your own Christmas Hampers
- Make your own Kokedama
- Macramé for beginners

Art and Music Therapy Workshops - \$30: Conc. \$20

- Sculpture – wire and plaster
- Sun Catcher
- Melody Mysteries
- Clay Sculpture
- Make your own Mandalas

Taking expressions of Interest for all workshops
Phone: 52 501 301 to register your interest

YOU ARE INVITED TO THIS FREE SESSION



**Home is where
the heart is.
Stay there longer.**

Seminar booked out for October
however we are taking expressions of
interest for November: 52 501 301

HOW TO LIVE AT HOME LONGER

Our health needs change as we age, but one thing stays the same: our desire to remain living in our own home.

Living at Home for Longer is a free seminar that provides advice, tips and insights on how to continue living in your own home well into your senior years.

The seminar conducted by Latrobe Community Health is tailored for those aged over 65 years who want to know how to access government-funded subsidies to help them live happily at home for longer. The seminar also provides advice on navigating the 'My Aged Care' system.

MUSIC & SELF-CARE WORKSHOP FOR CARERS



TOPICS WILL INCLUDE:

- The place of music in our lives
- How does music help?
- Choosing music that is good for body, mind and spirit

**Thursday, 18th November
at 10.00 a.m.**

**Music can affect your mood, energy
levels and physical health**

**This free 2 hour workshop, run by Carers
Victoria, will give you tools to choose
music that makes you feel good and meet
your needs (no solo singing required!)**

**Open to all carers to help with the ability
to increase capacity for self-care.**

Bookings essential: Phone 52501301

**We can help
you apply for the
State Government's**

\$250
Power Saving Bonus



**We are helping people in our community
apply for the \$250.00 Power Saving Bonus.
This is a one-off payment to help you with
the cost of living. To be eligible, someone in
your household must have a pensioner
concession card or receive Jobseeker,
Austudy, Abstudy or Youth Allowance.**

**Please contact the Centre to arrange an
appointment on 5250 1301 when we
re-open**



WISER DRIVER®

A refresher course for responsible older drivers

Free Program x 2 hours over 4 weeks

November 4th, 11th, 18th and 25th at 1pm to 3pm

**Join us for an informative, informal and friendly refresher course, to upgrade your
knowledge and build on your experience to keep you driving safely**

Topics include: Driving today, safety tips for wiser driving, safety rules, car safety features, being
roadworthy and planning for the future.

Bookings essential: 52501301

TRISTAN'S TECH TIPS

Google Authenticator – 2 Factor Authentication



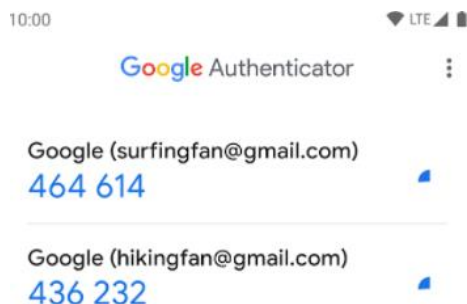
If you need extra protection for your account or service, Google authenticator can be used to make your account more secure. Once set up, after putting in your password it supplies a one-time code you can fill out to sign in to the account. This means that even if someone somehow knows your password, they still can't log in because they don't have the ever changing code supplied by the Authenticator.

Requirements:

1. Smartphone or tablet
2. An online account that can use Google Authenticator (includes Gmail, Twitter, Facebook, WordPress, Dropbox and more)

How it works:

1. Download the Google Authenticator app from the Google Play or Apple App store
2. In the settings menu for the account you want to add to the authenticator, (typically "security") if there is an option to add 2 Factor Authentication click and follow the on screen instructions
3. Open Google authenticator and scan the QR code that the account you are setting up displays to finish the set up



Leopold Garden Club



The first month of spring has gone with the days getting warmer and the weeds growing longer. If there is a bright side to Lockdown it's that the Gardener has to stay home and watch those weeds grow and has the time to do something about them. My garden has never looked tidier than it does at present. My seedlings are coming along and there is still plenty of time to put more in. October is the month to start your tomatoes, eggplant, capsicum, cucumbers, pumpkins, melons. These need soil temperatures above 12 Celsius to germinate. Even if you had a hot house and raised your seedlings any gain in time would be minimal as the plants themselves will be held back by the low night time temperatures of early spring. Tomatoes, capsicums, chillies and eggplants are members of the nightshade family which thrive on warm night temperatures to grow. These plants also need plenty of sunshine to produce their best results. It is often said Basil is the plant to grow and go with Tomatoes but Basil needs a soil temperature of 24 Celsius to get best germination.

The members of the Leopold Garden Club have been restricted in meeting on their usual 3rd Monday of the month by the Covid lockdown. But now that we are out of lockdown the Leopold Community Centre is limited to the numbers that can be inside the centre at any one time. However the limit for an outside public meeting is 10 so we are looking at having an outside session, weather permitting. This would involve BYO chairs and an umbrella in case the sun is an issue. As it is outside there will be no charge but your attendance needs to be organised through the centre to avoid any number issues. As we have more than 10, it will result in 2 one hour sessions on the day – Phone 52501301 to book in. The sharing of seeds, seedlings and plants as well as information has become a feature of the groups meetings. So don't miss out on the opportunity to advance and enhance your gardening skills and knowledge. Your garden may love you for it.

Dimitrij Betz,
Garden Club Co-ordinator