

LEOPOLD BUZZ



Leopold Community &
Learning Centre

31-39 Kensington Road, Leopold 3224

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YOUR COMMUNITY CONNECTION

ISSUE 26 | DECEMBER, 2021



ADVENTURE WALKING GROUP

After two false starts due to COVID, the first mystery adventure walking group finally took place on Monday 29th November. The group left the Leopold Community & Learning Centre at 9.30am bound for the You Yangs and returned at 1.30pm with everyone agreeing that it was a very enjoyable day.

More walks are planned in 2022 with a bus ride to a secret location, healthy lunch and a guide, all free of charge, thanks to the Heart Foundation's Active Australia Innovation Challenge.

From all of us at the Leopold Community
& Learning Centre, we wish you a

Merry Christmas

AND HAPPY NEW YEAR!

We will be closed from 23rd December 2021 and
re-opening on 10th January, 2022

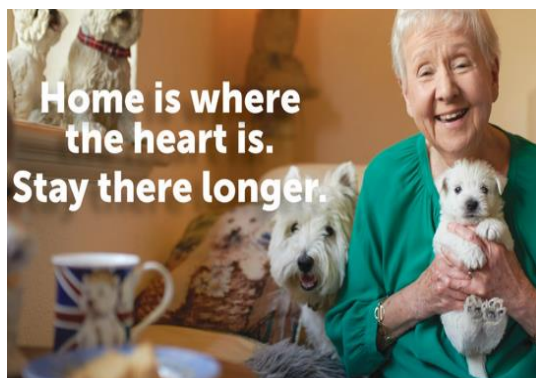
Hours: Monday - Thursday 9.00 - 4.00

KEEPING CONNECTED

Welcome to the 26th edition of Leopold BUZZ. You can view or download all issues of the newsletter on our website: www.leopoldcommunitycentre.com.au

Phone: 52 501 301 Email: info@leopoldcommunitycentre.com.au

**DUE TO POPULAR DEMAND
A THIRD SEMINAR IS BEING
SCHEDULED!**



HOW TO LIVE AT HOME LONGER

Our health needs change as we age, but one thing stays the same: our desire to remain living in our own home.

Living at Home for Longer is a **free seminar** that provides advice, tips and insights on how to continue living in your own home well into your senior years.

The seminar conducted by Latrobe Community Health is tailored for those aged over 65 years who want to know how to access government-funded subsidies to help them live happily at home for longer. The seminar also provides advice on navigating the 'My Aged Care' system.

Thursday 16th December at 11.00 a.m.

To register phone the Centre on 52 501 301



**8th December, 2021 at
12.00 noon**

**31-39 Kensington Rd Leopold
Phone: 52 501 301**

Cost: Free

If you are caring for a relative or friend, the Leopold Community & Learning Centre warmly invites you to our first Carers Lunch. The lunch will consist of two courses and a special gift, all of which are free of charge. Why not come along and enjoy the company of other carers and have your say on future workshops that will be conducted in 2022. To book: phone the Centre on 52 501 301.

**We can help
you apply for the
State Government's**

\$250
Power Saving Bonus



You still have time to claim your Power Saving Bonus. Claims close late January, 2022. To be eligible, Someone in your household must have a pensioner Concession card or other Centrelink benefits. Contact us on 52 502 301 to arrange an appointment. The service is free of charge.


Australian Government

COVID-19
digital certificate



Need help downloading your Vaccination Certificate? We can assist you in linking your digital vaccination certificate to the Services Victoria mobile app on your phone. We can also help you to create a MyGov account, link to the Express Plus Medicare app and download your vaccination certificate. Phone us on 52 501 301 Cost: \$5.00



As the year draws to a close....

Looking back on the year, with its many ups and downs, it has been quite remarkable what has been achieved at the Leopold Community & Learning Centre. We have seen new groups formed: Garden Club, Writing Club and Discovery Walking Group. Several Seminars on Health and Wellbeing, 'Living at home longer', Wiser Driver Course to name a few. Workshops such as Macramé, Working with Wool, How to bake a no fail sponge etc. and providing homemade soup in winter with our 'Winter Warmers'.

Our established groups also have gone from strength to strength: Craft Group, Art Group, Book Club, Scrabble Club, Explore Your Genealogy, Diamond Painting, Weights and Balance Class and Zumba Gold.

Much of this would not have been possible without the help of volunteers, those who work tirelessly to run groups; to Janis Brown, Linda Betz, June Alexander, Dimitrij Betz, Shirley Wilson, Colleen Beveridge and Sarah Baker our heartfelt thanks.

To Jeff Bunney and Mary Suhr who volunteer weekly at the Centre and produced the yummy winter warmers soup, along with Sue Bickerton also Steve McGuire whose technical help is always available when needed, thank you all for your time and effort. Thanks also must go to Kerrie Tomkins, former Manager, who was integral in the Centre's success

Grant Funding was also received for several Mystery Adventure Walking Group tours, 'Caring for Corers' Program and Community Christmas activities. Our Technology Tearoom also saw a rise in numbers with help provided to people for obtaining \$250 Power Saving Bonus and creating MyGov accounts to link Medicare information for the Vaccination Certificate.

So as the year draws to a close, we look forward in anticipation to a New Year full of hope with new activities, programs and adventures for our community.

Sherrill Roache, Manager

Tristan's Tech Tips

Dash cams

Dash cams are cameras that you place on the front and sometimes back of your car windscreen.

The camera part points towards the glass and is usually powered by an internal battery, plugged into the cigarette lighter port of your car or wired directly into your car (car auto electrician recommended if you have little experience with car electrics)

Some cars (such as Teslas) already have cameras built into the car, but for many of us that means purchasing one from a store such as Autobarn, JB Hi-Fi and Officeworks.

Most of these have a slot for a SD or Micro SD card so you can store the footage it takes for use later.

But why would I want a Dash cam?

Dash cam footage can be used to exonerate you in an insurance or court dispute by providing direct evidence of what happened during an incident or accident you may be involved in. It can also be used in incidents unrelated to yourself that the camera recorded that you are willing to submit to help another.

Some people purchase them to record their leisure drives, such as 4 wheel driving as well.

While you don't need a Dash cam (I don't have one) it has been a boon for those who needed one.



Leopold Garden Club



The Leopold Community Centre Garden Club had its last meeting for 2021 in November with members looking forward to an even better gardening year in 2022. The members talked enthusiastically about how well their gardens looked particularly with regard to spring flowers some of which they obtained as seed or seedlings at the garden club. On the vegetable side the interest was in some unusual Heritage Tomato varieties the members received at the September and November meetings. The co-ordinator suggested that at the January, February and March meetings Tomato Tastings be held to establish some favourites; plus how to collect and save the tomato seed. Saving seed is a big part of the gardeners skill set from the point of view not only keeping and growing your favourite plants but also reducing the cost of gardening. Being part of a Garden Club also can be beneficial to both the novice and experienced gardeners not only from gaining knowledge but in sharing plants and seeds. This year spasmodic as the meetings were, (due to Covid lockdowns) it still resulted in most members obtaining some plants and seed of varieties they had not grown or heard of before.

The Leopold Community Centre Garden Club will commence again on the 3rd Monday in January (cost \$5 per meeting). The only requirement is that all attendees be double vaccinated.

You may not even be a gardener as yet but come along to be inspired by friendly companions sharing information, plants, and seeds. Or just for the half-time chat over a coffee or tea.

Merry Christmas and Happy New Year to all

Dimitrij Betz, Garden Co-ordinator