# LEOPOLD BUZZ

#### YOUR COMMUNITY CONNECTION ISSUE 28 FEBRUARY, 2022



If you are ever looking for a game that is jam-packed with health benefits, Scrabble seems to be it! – it's a game that teaches players something new each and every time.

Scrabble is a game for families, friends, and even strangers to enjoy together.

Some of the benefits of playing Scrabble are:

\*Teaches communication skills: Playing Scrabble is not a hooligan's game. It is a game of learning, sharing, and expanding your knowledge while having fun.

**\*Enhances concentration skills:** To play Scrabble, players must pay attention and concentrate on the letters they have and the words on the board

**\*Builds intellectual capacity:** Do not be fooled into thinking that Scrabble is a game solely focused on words and spelling. While learning new words, you can increase your intellectual capacity by using a new vocab to learn a bit more about history, science, philosophy, etc.

If you want to participate in a game that is all-round good for you, Scrabble is a good choice.

LC & LC Scrabble Group meets every Wednesday at 1.00 pm Cost: \$5.00 which includes a 'cuppa'. For more information contact us on 52 501 301



31-39 Kensington Road, Leopold 3224 Phone: 52 501 301 info@leopoldcommunitycentre.com.au

# **CARING FOR CARERS**

If you are caring for a relative or friend, the Leopold Community & Learning Centre warmly invites you to attend the following:

## <u>Workshops</u>

How to complain Successfully 1.	16.3.22
How to complain Successfully 2.	23.3.22
Music and Self-care	13.4.22
Art of being Assertive	11.5.22
Managing future worry	8.6.22
Caring for Yourself	13.7.22
Relax and unwind	10.8.22

# Lunches with Guest Speaker

27<sup>th</sup> April 2022 at 12.30 p.m.

25<sup>th</sup> May 2022 at 12.30 p.m.

29<sup>th</sup> June 2022 at 12.30 p.m.

27<sup>th</sup> July 2022 at 12.30 p.m.

31<sup>st</sup> August 2022 at 12.30 p.m.

Bookings are essential Cost: Free



**KEEPING CONNECTED** Welcome to the 28<sup>th</sup> edition of Leopold BUZZ. You can view or download all issues of the newsletter on our website: www.leopoldcommunitycentre.com.au email: info@leopoldcommunitycentre.com.au **OFFICE HOURS:** 

Monday – Thursday 9.00 – 4.00

#### Great News!

If you have missed out on the Power Saving Bonus of \$250, It has just been extended until 30<sup>th</sup> June 2022.

Households receiving payments through Pensioner Concession, JobSeeker, Austudy, Abstudy or Youth Allowance programs, or who hold a Department of Veterans' Affairs Gold Card are eligible.

If you need assistance, we can help you fill out the appropriate form. This service is free

Please call the Centre on 52 501 301 to book an appointment.



### Leopold Community & Learning Centre



## Contact us on 52 501 301

#### **Coffee and Cake Club Volunteers**

We are looking for people who would like to get involved in the community by volunteering in our new venture on a Monday or Wednesday morning from 10.00 a.m. to 12.30 p.m. LC&LC plans to launch a Coffee and Cake Club in March, so if you are interested in assisting to make teas and coffees, washing dishes etc. we would be delighted to hear from you.

#### **Tutor Volunteers**

If you are someone who has special skills or knowledge and think that others in the community may like to learn that skill, whether it be for a one-off workshop or a series of classes, we would love to hear from you also. Some of our volunteer tutor activities include Writing Lines, Gardening Club and 'No Fail' Sponge Workshop.

If you think you would like to volunteer or require further information: call 52 501 301 or drop into the office during opening hours (Monday-Thursday 9.00 a.m. – 4.00 p.m.)

# **'How to com**plain successfully

# Seminar

The Leopold Community & Learning Centre is holding a two-day seminar to help you understand what rights you have as a consumer

Do you know what rights you have as a consumer?

Do you know what to do if you have a problem about goods you have bought or services you have paid for?

Where do you go for help if you have a complaint about your telephone service or energy provider?

## The Seminar will be held over 2 days

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Wednesday 16th & 23rd March 9.30 a.m. - 12.00 p.m.

#### With MARK HOYSTED

Mark has been successfully helping consumers resolve their complaints for over thirty years

If you have ever had a problem as a consumer but had to let it go because you didn't know what rights you had, then this seminar will help you understand what rights you have as a consumer and the best ways to successfully resolve any complaints you might have in future.

# Some of the topics that will be covered:

What exactly can I complain about?

When should I complain?

Who can help me with my complaint?

What is the best way to complain?

What results should I expect from my complaint?

> **Bookings Essential** Phone: 52 501 301

Cost: \$20 for the entire seminar

**Free for Carers** 



Leopold Community & Learning Centre

# **TRISTAN'S TECH TIPS**

## Service Victoria – 3<sup>rd</sup> Jab

Service Victoria has recently been updated.

Whereas before you didn't need to do anything, now when you receive your third dose you can update the Digital Certificate.

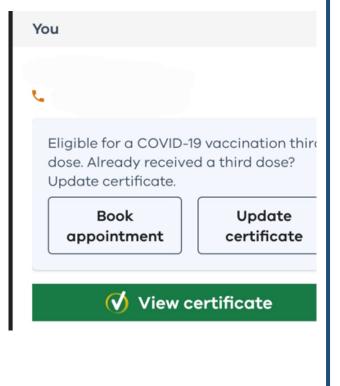
To do so, tap on the little image of a check list directly to the left of the "Check-in" button. It will take you to the page seen at the bottom.



Next Tap on "Update Certificate" it will take you to the Medicare page of myGov where you can update the Certificate.

If you need any help, you can contact the Centre on 5250 1301 in order to book a one-on-one appointment to update the Certificate.

\*Please note that it can take a while for Medicare to update to even show the third dose so feel free to wait a day or more to update the certificate after receiving the jab.



# **Leopold Garden Club**



Our first gardening get together for the year has come and gone successfully.

Seven new attendees hopefully enjoyed the session and as one person said, "It has inspired me to try some new things in the garden".

The January session included a strawberry tasting (including a strawberry seedling), a demonstration on repotting of Bearded Irises (including a Bearded Iris in a pot take home and repot).

A portion of the time was allocated to discussing herbs with several seedlings available for attendees to take away as well as an exchange on their various uses and recipes.

One member brought in a bowl of peaches and nectarines to share as well as some of the over abundant zucchini.

The break for tea and coffee ran longer than usual as the attendees found a lot to talk about while meeting old and making new friends.

There was a solid question and answer session covering a wide range of gardening topics. The result is that two will be covered in more detail; these were growing Gardenias and Dahlias.

Come along next time for the chance to ask your gardening questions, there will be more herb and strawberry seedlings, as well as a session on separating and replanting Bearded Irises.

So come along on the 3<sup>rd</sup> Monday of the month at 1.00 pm to the Leopold Community Centre (cost \$5) for some gardening company and enthusiasm.

(I forget there are coffee and a biscuit in there as well.)

Dimitrij Betz Garden Club Co-ordinator