



## YOUR COMMUNITY CONNECTION

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### THE CHATTY CAFÉ

The Chatty Cafe scheme is an international movement which started in the UK in 2017, created on a wet and windy day when founder Alex Hoskyn was in a café with her four-month-old son, who wasn't being great company!

Alex looked around the café and saw an elderly lady who looked just as down as her and on another table sat a young guy with additional needs and his support worker both looking like they had run out of conversation!

Alex started to think about the positive impact they could have had on each other if they had sat together. It was right there and then that the concept of the Chatty Cafes in the UK began. There are now also venues in Poland, Gibraltar, Canada and the USA. In 2019 the Chatty Café movement began in Australia!

The Leopold Community & Learning Centre is excited to be part of 'The Chatty Café' scheme.

Our Café is open on a Monday and Wednesday from 10.00 a.m. to 12.00 p.m.

Coffee, a range of teas, as well as cake or a biscuit are on the menu.

Cuppa & Cake: \$5.00    Donation  
Cuppa:                \$3.00    Donation

Everyone is welcome!



### Sneak peek at what's coming in the next few months....

#### Safe Seats Safe Kids

This program includes free car seat fittings and safety checks through a booking system. Professional fitters will inspect child car seats to make sure they're installed and being used correctly. Coming in April

#### How to live at home longer

This information session is tailored for those aged over 65 years who want to know how to access government funded subsidies to help them live happily at home longer. There were three information sessions conducted in 2021 and if there is enough interest, we will conduct another session in 2022. If you are interested in this free seminar, Phone: 52 501 301 to register your interest.

#### Wiser Driver

A refresher course for responsible older drivers – to be held in May  
An informative, informal, and friendly refresher course, to upgrade your knowledge and build on your experience to keep you driving safely. The program is purely educational and there is no driving involved.

#### KEEPING CONNECTED

Welcome to the 28<sup>th</sup> edition of Leopold BUZZ. You can view or download all issues of the newsletter on our website: [www.leopoldcommunitycentre.com.au](http://www.leopoldcommunitycentre.com.au) or email: [info@leopoldcommunitycentre.com.au](mailto:info@leopoldcommunitycentre.com.au)  
**OFFICE HOURS:**  
Monday – Thursday 9.00 a.m. – 4.00 p.m.



### OUR VOLUNTEERS CHANGE LIVES.

EdConnect Australia trains and supports volunteers to work in local schools to provide a safety net for young people who might otherwise struggle to realise their potential - in school and life.

We offer two volunteering roles:

#### MENTORING

Provide one-on-one support to a student to improve their emotional and social wellbeing as well as their academic performance.

#### CLASSROOM LEARNING SUPPORT

Provide general support within the classroom such as reading, numeracy skills or assist with various school projects under the teacher's guidance.

**If you know someone who would make a great role model, share our info!**



**EdConnectAustralia.org.au**  
P 1800 668 550  
E [edconnect@edconnect.org.au](mailto:edconnect@edconnect.org.au)  
Facebook @EdConnectAustralia

## 'How to complain - successfully'

### Seminar

The Leopold Community & Learning Centre is holding a two-day seminar to help you understand what rights you have as a consumer

Do you know what rights you have as a consumer?

Do you know what to do if you have a problem about goods you have bought or services you have paid for?

Where do you go for help if you have a complaint about your telephone service or energy provider?

**Some of the topics that will be covered:**

What exactly can I complain about?

When should I complain?

Who can help me with my complaint?

What is the best way to complain?

What results should I expect from my complaint?

**The Seminar will be held over 2 days**

**Wednesday**  
16th & 23rd March  
9.30 a.m. - 12.00 p.m.

With  
**MARK HOYSTED**

Mark has been successfully helping consumers resolve their complaints for over thirty years

**Bookings Essential**  
Phone: 52 501 301

**Cost: \$20 for the entire seminar**  
**Free for Carers**

If you have ever had a problem as a consumer but had to let it go because you didn't know what rights you had, then this seminar will help you understand what rights you have as a consumer and the best ways to successfully resolve any complaints you might have in future.



## Mug Rug Workshop

Do you need somewhere to sit your cup of coffee whilst relaxing or working?

Why not come along to this beginner's workshop and have some fun whilst learning how to make a Mug Rug to take home

- Choice of design templates
- Learn from scratch how to make a Mug Rug which can be hand sewn or machine sewn
- Possibility of learning more advanced techniques such as applique

**17th March**  
**10.00 a.m.**

**Cost: \$10**  
**includes all materials**

**There will also be a display of projects especially made for beginners in mind**

Leopold Community & Learning Centre  
Level 1, 31-39 Kensington Rd Leopold  
Phone: 52 501 301

## Military History

Are you interested in Military History? Would you like to meet with others who share your interest in Military History in a relaxed social group?

The Leopold Community & Learning Centre is offering you the opportunity to get together over six sessions each fortnight to discuss and exchange ideas with people who are passionate about all aspects of Military History. Be prepared to share your particular period with others, while at the same time discovering more about this fascinating topic.

**THE GROUP WILL MEET IN THE EVENING EVERY FORTNIGHT ON A THURSDAY COMMENCING 21.4.22 AT 7.00PM**  
**TOTAL COST: \$30.00**

If you are interested in joining this group please register your interest by phoning 52 501301  
Minimum number of 10 participants required for class to go ahead







# Family History for Beginners

Are you interested in discovering more about your family's history, but don't know how or where to begin?

The Leopold Community & Learning Centre is offering a Family History course to help you to get started to find out all about your family's history.

Over six weeks, we will show you where to quickly and easily find important information about your relatives; how to collect and preserve your family documents and other materials; as well as interesting ways for you to present your family history to family and friends. All you need is access to a computer, a little spare time and a keen interest in getting to know more about the lives of everyone who shares your Family Tree.

**Dates:** Wednesdays commencing 13.4.22 for 6 weeks

**Time:** 10.00 a.m. - 12 noon

**Total Cost:** \$60

If you are interested in this class, please register your interest by phoning 52 501 301. Minimum number of 8 participants required for class to go ahead.



**Australian  
Red Cross**

## Could you be a friendly visitor for someone in need?

The **Community Visitors Scheme (CVS)** is a free program where volunteers get matched up with an older person for social companionship and friendship on a weekly or fortnightly basis. The Community Visitors Scheme is available to older people who live in an aged care facility or receive a home care package in their own home.

**Australian Red Cross** are seeking volunteers in the **Geelong Region** and are currently have a shortage of male volunteers. A few elderly men have requested a male visitor who they can have a cuppa with, share their life stories, have a laugh and chat about current affairs, sport and music.

If you have time to spare and room in your heart for an elderly member of our community, we would love to hear from you. People can apply for the volunteer role on the Red Cross website during the month of February/March <https://volunteering.redcross.org.au/cw/en/job/497811/community-visiting-scheme-volunteer-geelong>. You can also contact **Rose Jackson, CVS Program Officer:**  
Email [rjackson@redcross.org.au](mailto:rjackson@redcross.org.au) or phone **0419 151 830**.



**Leopold Community &  
Learning Centre**

## ADVENTURE WALKING GROUP



**Monday 28th March 2022 at 9.30 am**  
**Includes bus ride to a mystery location**  
**lunch and guided walk**

**Cost:** \$5.00 (insurance for the year)  
Secure your place by phoning 52 501301



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# Chatty Cafe

**MONDAYS AND  
WEDNESDAYS**

**10.00 A.M. TO  
12.00 P.M.**

**Join us for Coffee, Cake and a Chat**

**\$5.00 Donation**

# TRISTAN'S TECH TIPS

## Crypto/NFT Scams

*Opinion article*

Before we begin, here is what crypto & NFTs are.

**Crypto:** Cryptocurrency. An anonymous, unregulated non-government or bank backed currency such as the famous "bitcoin" which exists entirely in a digital capacity. That means there is no physical coin like our own Australian dollar exists. A lot of people got very rich, very quick from coins such as "Bitcoin" & "Ethereum" which is why unfortunately scams are very prevalent right now.

**NFTs:** Non-Fungible Tokens. Generally digital artworks which you can buy, which then supposedly belongs to you personally, with the ability to sell later like you could a physical painting. Supposedly copy-proof, many people simply take screenshots of the image & distribute it anyway.

You may have heard of people who have made millions of dollars using "crypto". The problem is, due to it being unregulated, scams abound. Then there is "NFTs". People selling digital art with the expectation of it appreciating in value like a van Gogh painting, so far the truth is, no one has made money on NFTs except the original seller & scammers.

The problem with crypto & NFTs is knowing what is legitimate & what is not.

Internet "celebrities" or "experts" may try to get you to buy a crypto "coin" to artificially inflate or "Pump" the value. What you don't know is that they, the creators of the coin & some nefarious insider traders will then "Dump" their already existing stockpile of coins when the value peaks, crashing its value into the ground & leaving you with worthless digital coins. This has happened & people have lost it all to scams like this from "Celebrities" & "online financial experts" who abused their trust for gain. Please don't trust random coin start-ups.

Then there are NFTs. So far there has not been a successful launch of any digital artwork. All I've seen online is outright scams to trick people into paying money for terrible "Artwork" or the same "Pump & Dump" phenomenon (whether the original distributor is in on it or not) as crypto coins except replacing coins with NFTs. I'm not saying there are no legitimate crypto coins out there, look at bitcoin! I'm also not saying NFTs will never work (though I have serious doubts). Just be ultra-careful with your money & trust nobody online who wants to sell you something. Also, never invest without some serious research being done first. Otherwise just don't invest at all. Stay safe out there!

# Leopold Garden Club



March (feels like the year is almost over) but no, now is the time to get the next round of Autumn/Winter vegetables going.

It is also time to organise the lifting of the spring bulbs after the leaves have died back. Lifting only if you intend to replant in other spots or they are bulbs that will flower better for a spot of winter chilling.

Tulips definitely need a period of cold around 4 degrees Celsius (Vege crisper) for 6 – 8 weeks to form a flower. Many bulbs and even some seeds benefit from cold treatment e.g., Echinacea purpurea (purple cone flower) seeds benefit from a stint of a cold, this mimics the climate it comes from.

If you wish to learn more, come along to the Garden Club at 1.00 p.m. on the third Monday of the month (Cost \$5.00) at the Leopold Community & Learning Centre.

As far as vegetables to plant now: broccoli, cabbage, brussel sprouts, turnips, radish, beetroot, carrots, onion, swedes, coriander, spinach, peas and cauliflower, just to mention a few.

If you're a vegetable grower, come along as well, enjoy good company and a coffee.

Dimitrij Betz

Garden Club Co-ordinator

