



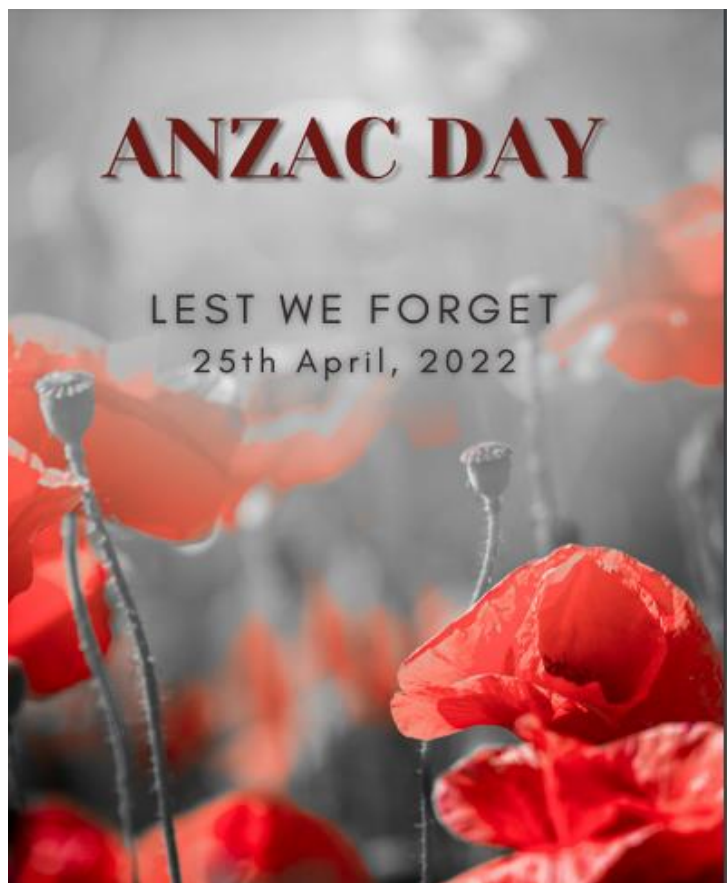
YOUR COMMUNITY CONNECTION

ISSUE 30 | APRIL, 2022

31-39 Kensington Road, Leopold 3224

Phone: 52 501 301

info@leopoldcommunitycentre.com.au



The 2022 Anzac Day service will be held at the Leopold War Memorial on Monday, April 25 from 8.00 a.m. at the corner of Stringers Lane and Melaluka Road, Leopold

According to Keith Pettigrew, Chairman, Leopold War Memorial Committee "The service provides an opportunity for us to come together as a community to honour the memory and sacrifice of all the brave men and women of the Australian Defence Force, who fought (and continue to do so) with true Anzac Spirit in many theatres of war and peacekeeping missions throughout the world in defence of our nation and freedoms. The service also honours with gratitude all those currently serving.

Anzac Day is Australia's most important day of commemoration. The Last Post is sounded to indicate the soldier has completed his life's work and can now rest in peace.

Although Covid-19 restrictions have eased considerably we will encourage social distancing and wearing of masks. The service starts at 8am and members of the Lions Club of Leopold will provide a "gunfire breakfast" at the conclusion of the service for a gold coin donation. "

UPCOMING EVENTS IN APRIL

Safe Seats Safe Kids

Leopold Community & Learning Centre invites local parents and carers to book in for a FREE child car restraint fitting or safety check.

Where: 31-39 Kensington Road, Leopold

When: Monday 11th April
between 10.00 am and 2.00 pm

How: Bookings are essential, register on-line
<https://safeseatssafekids.com.au/venues-mec/>

This event is hosted by Kidsafe Victoria in partnership with Neighbourhood Houses Victoria, with support by the Victorian State Government.

Caring for Carers Program

Music & Self Care Workshop 13.4.22

Luncheon with Guest Speaker 27.4.22

Bookings essential: 52 501 301

PREVIEW EVENTS IN MAY

Wiser Driver – 4 Week Course 10.5.22

Beginner Computer - 4 Week Course 5.5.22

Open House – Celebrating Neighbourhood
Houses Victoria Week 11.5.22

Towards Creative Retirement 25.5.22

KEEPING CONNECTED

Welcome to the 30th edition of Leopold BUZZ.

You can view or download all issues of the newsletter on our

website: www.leopoldcommunitycentre.com.au or

email: info@leopoldcommunitycentre.com.au

OFFICE HOURS:


Monday – Thursday 9.00 a.m. – 4.00 p.m.

Bellarine
Writing Competition
 SHORT STORY COMPETITION 2022
 (AGE 16 AND ABOVE)

**FIVE TOPICS: \$200 FOR EACH
 WINNER. OVERALL
 WINNER \$1,000**

MY DREAM HOME?

- 750 words max
- Entries close Friday 29th April 2022.
- Please include a phone number with your entry
- Entries to barrysproull@gmail.com
- Winner notified on Monday 2nd May by phone



Leopold Community & Learning Centre
 Level 1, 31-39 Kensington Road Leopold

Tech Assist

Having trouble with your phone, laptop or completing on-line forms?



Tristan can help you with one on one technology assistance

30 min appointments: \$5.00
 Monday-Thursday
 10.00a.m - 2.00p.m.
 Ph: 52 501 301 - Bookings essential

LEOPOLD COMMUNITY & LEARNING CENTRE
 Level 1, 31-39 Kensington Road, Leopold

BEGINNER COMPUTER COURSE

Steve will tailor the course to suit the needs of beginners on Windows



4 Week Course
 5th, 12th, 19th & 26th May, 2022
 6.30p.m. to 7.30 p.m.

Cost: \$60.00 (\$15.00 per class)

Bookings essential: Phone 52 501 301

LEOPOLD COMMUNITY & LEARNING CENTRE
 31-39 KENSINGTON ROAD, LEOPOLD

MUSIC & SELF-CARE WORKSHOP FOR CARERS



TOPICS WILL INCLUDE:

- The place of music in our lives
- How does music help?
- Choosing music that is good for body, mind and spirit

Wednesday, 13th April at 10.00 a.m.

Music can affect your mood, energy levels and physical health

This FREE 2 hour workshop, run by Carers Victoria, will give you tools to choose music that makes you feel good and meet your needs (no solo singing required!)

Open to all carers to help with the ability to increase capacity for self-care.

Bookings essential: Phone 52501301






Introducing...

THE GARDEN ROOM

What was once a deserted unused space has now been transformed into a garden oasis made possible by a Bendigo Bank grant.

The area will have a multi-purpose function for activities such as 'hands-on' workshops and classes as well as a green space for 'cuppas' where the community can gather together and connect. This grant has enabled us to provide a place to enrich the lives of members of our community and foster a sense of belonging.

The Garden Room 'Gathering Place' will be officially opened on 6th April 2022 at 11.00 a.m. Bronwyn Shearer, Company Secretary, Bendigo Bank Leopold will be our special guest for the morning. All are welcome to come and celebrate this event with the Chatty Café in operation during this time.

Bendigo Bank



Leopold Community & Learning Centre



Caring for Carers Program

If you care for a relative or close friend then the 'Caring for Carers Program' run by the Leopold Community & Learning Centre is especially designed for you.

WORKSHOPS

Music & Self Care	13.4.22	10.00 a.m.
The Art of being Assertive	11.5.22	10.00 a.m.
Managing future worry	8.6.22	10.00 a.m.
Caring for yourself	13.7.22	10.00 a.m.
Relax and Unwind	10.8.22	10.00 a.m.

LUNCH WITH GUEST SPEAKER

27th April, 2022	27th July, 2022
25th May, 2022	31st August, 2022
29th June, 2022	Lunches commence at 12.30 p.m.

TECHNOLOGY HELP

If you are needing assistance with your computer, mobile phone or help in accessing on-line forms, we can help you!
Tristan is available Monday - Thursday by appointment.
Appointments are for 30 minutes; double appointments are also available.

Location: Leopold Community & Learning Centre
Level 1, 31-39 Kensington Road, Leopold

All activities are **Free of Charge**, made possible by the State Government's 'Supporting Carers Locally' Grants Program

Bookings are essential
Phone: 52 501 301



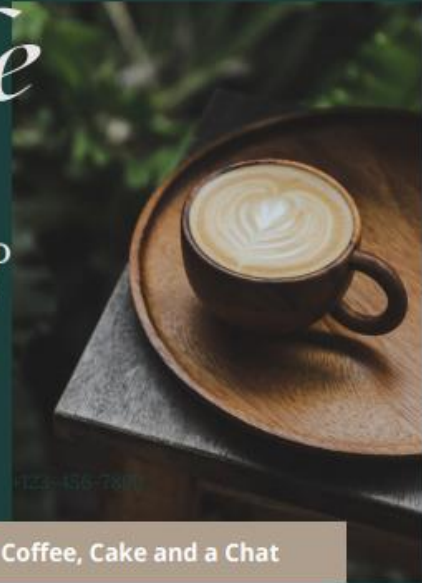
Leopold Community & Learning Centre
Level 1, 31-39 Kensington Road, Leopold
Phone: 52 501 301



Chatty Cafe

MONDAYS AND WEDNESDAYS

10.00 A.M. TO 12.00 P.M.



Join us for Coffee, Cake and a Chat

\$5.00 Donation

TRISTAN'S TECH TIPS

Will computers get cheaper?

When the pandemic started everything shut down and people started to work from home. Many needed computers in order to work from home and demand went way up. When supply doesn't meet demand, prices rise, but not only did parts rise drastically they stayed high for over a year before relenting slightly but still being far more expensive than they really should, buy why?

When everything shut down, so did the factories that produce computer chips, and then the entire world started to run out. It's been called the "Silicon" or "Chip shortage" and has affected everything from computers, phones, cars, aeroplanes and even things like hearing aids. The world just didn't have enough electronic chips and would hungrily devour the supply as quick as they were made.

Even now, we have yet to reach pre-pandemic levels of supply and as a result, computer parts (and everything else) generally still sells above the manufacturers' recommended retail price (RRP).

Two years on we may have hope on the horizon with new electronic chip foundries being built and prices may stabilise to pre-pandemic levels, adjusted for inflation.

It hasn't happened yet though so if you are in the market for computers, keep an eye on prices. As of now however, it is my recommendation that you hold on to your devices for a little bit longer if you can, and if you can't, please consider sales and clearances for a bargain (or at least a decent price).



Leopold Garden Club

The Leopold Community Centre Garden Club had a well-attended 3rd Monday in March with 3 new garden enthusiasts coming along to enjoy an afternoon of talking about gardens and gardening. One of the new comers had lifted a range of daffodil and jonquil bulbs sharing her extra bulbs for anyone interested in them. The bulbs also included some naked ladies (Belladonna). Also brought along for attendees to take were Blue, Brown, and Brown/Yellow bearded irises. These were not the only plants given out to those wanting additions to their gardens but also a range of herb seedlings (Holy Basil, mint, Vietnamese mint, thyme, oregano, chives, sage), strawberry seedlings (Chandler and Sumo). There was a demonstration of how to collect and treat Tomato seeds for saving.

A question was raised involving pest control, in particular Harlequin Bugs. *Dindymus versicolour* to give it its scientific designation also sometimes also referred to as soldier beetles. Found in South-eastern Australia and Tasmania. Up to 12 mm long with a black head and bands on the forewing, and orange/red elsewhere. When the wings are folded, two red triangles appear. They are a major agricultural pest and damage a variety of food crops. They are remarkably adaptable, feeding off hosts as widespread as mallow, citrus, tomatoes and rhubarb. The insect pierces the soft spots of plants and then drinks its juices. Some popular food choices for this insect include tomato, cabbage, broccoli, cauliflower, kale, turnips, potatoes, beets, beans, grapes, summer squash, zucchini, horseradish, sunflowers, ragweed and citrus leaves. This process transfer viruses to the plant being fed on, in tomatoes this leads to variegated discolouration and an off flavor in the fruit. There is no specific chemical registered for Harlequin bug control, management is focused on weed control and cultural methods. These include control or removal of known host weed species including Marshmallow (*Malva* spp.), Docks (*Rumex* spp.) and Wireweed (*Polygonum aviculare*). The most common recommended organic control is using a strong detergent spray. My recommended method is to physically remove the Harlequin bugs squash them or drop them into the detergent solution. The detergent spray does not go well as a spray on food crops it does not add to the taste.

Harlequin Bug / Soldier Beetle
Dindymus versicolour



If you are interested in gardening, April's meeting will be held on Tuesday 19th April (change of date due to Easter Monday) at 1 pm and for \$5 you can have coffee, company and a peek into the world of gardening.

Dimitrij Betz, Garden Club Co-ordinator