



## THANK YOU



*Shirley Wilson (pictured above) has faithfully served the Leopold Community & Learning Centre, as our Book Club leader for the past seven years.*

*However, the time has come for Shirly to retire from her volunteer leadership position and pass the baton on.*

*We sincerely appreciate her time, energy and commitment in leading the LC&LC Book Club.*

*Thank you Shirley!!*



*To all those who donated their beautiful cups, saucers and plates for our High Afternoon Teas: Thank you!*

*We are hoping to hold the first event in early September with a 'Pleasant Spring Afternoon' showcasing our Community Choir and of course, a High Afternoon Tea.*

*Stay tuned for more details in the coming months.*



### KEEPING CONNECTED

Welcome to the 45th edition of Leopold BUZZ. You can view or download all issues of the newsletter on our website:

[www.leopoldcommunitycentre.com.au](http://www.leopoldcommunitycentre.com.au) or

email: [info@leopoldcommunitycentre.com.au](mailto:info@leopoldcommunitycentre.com.au)

**OFFICE HOURS:** Monday-Thursday 9.00 – 4.00



## THANK YOU

The call was put out to support the homeless and Victoria's most vulnerable this winter by donating pre-loved coat/s to put on the back of someone who really needed it.

So far we have passed on just over 60 coats from our community alone – a huge accomplishment!! THANK YOU.

If you would like to donate your pre-loved coat to help a homeless person this winter and haven't done so already, there is still time, we are taking donations until 31<sup>st</sup> August 2023.



## DONATE YOUR PRE-LOVED COAT TODAY

And help keep a homeless person warm this winter.



*Pictured are some of the members of the 'Sing out Strong' Community Choir who enjoyed an afternoon tea to celebrate the end of Term 2.*

*They are having a well-deserved break over the next few weeks and will be back in fine voice on 11<sup>th</sup> July.*

*If you are interested in joining the Choir, contact us on 5250 1301 – you are very welcome!*



Justice of  
the Peace

## DOCUMENT SIGNING

**Free Document signing service**  
**Thursdays from 1.00p.m. to 2.30p.m.**

Leopold Community & Learning Centre is making available an Honorary Justice of the Peace on the first Thursday of each month from 1.00p.m. to 2.30p.m. and by appointment every other Thursday.

To make an appointment, or for any enquiries, phone us at the Centre on 52501301

This is a free service staffed by a local volunteer JP.



**DID YOU KNOW?**

THERE IS A NEW ROUND  
OF THE VIC STATE GOV

**\$250 POWER  
SAVING  
BONUS**

SCHEDULED TO REMAIN OPEN UNTIL 31 AUG 2023

Neighbourhood  
Houses Victoria

Good Shepherd  
Australia New Zealand

VICTORIA  
GOVERNMENT

If you need help in obtaining the current Power Saving Bonus, we can help you! Call 5250 1301 to make an appointment. Please bring a full copy of your latest electricity bill – the service is free.

Leopold Community & Learning Centre



Tablet or iPad from getting marked or scratched. Join us in making an amazing colourful cover - great selection of fabrics supplied.



**Tablet/iPad Cover  
Workshop**

Thursday 20th July, 2023  
Cost: \$15.00 - all materials supplied

**BOOKINGS ARE ESSENTIAL**  
Phone: 5250 1301

**LIVING HEALTHY  
AND WELL  
PROGRAM**

**Mel Bald**  
the Passionate Nutritionist



**PANTRY PLANNING**

Having a well organised pantry can make life a lot easier. In this session you will learn:

- What the most nutritious foods are to include in your pantry so you can whip up a healthy meal easily
- Tips on storage and organisation for your pantry and fridge
- Ingredient swaps to improve the health of your recipes

Wednesday 12th July at 10.00 a.m.

Cost: Free

Bookings are essential - Phone: 03 5250 1301

Leopold Community & Learning Centre  
Level 1, 31-39 Kensington Road, Leopold

GEE LONG

Leopold Community & Learning Centre

LEOPOLD COMMUNITY & LEARNING CENTRE

**MENS CARD  
GROUP**




WE ARE TAKING EXPRESSIONS OF INTEREST FOR A NEW MENS GROUP TO PLAY CARDS: CANASTA, EUCHRE, 500 OR EVEN UNO IF THAT IS WHAT YOU WOULD LIKE.

COST: \$5.00 INCLUDES A CUPPA & BISCUIT



PHONE US ON 5250 1301  
TO REGISTER YOUR INTEREST

# TRISTAN'S TECH TIPS



## Surge Protection

Sometimes our power grid experiences blackouts and brownouts as it temporarily loses power. When the power comes back, every device and appliance plugged in turns on all at once. This can cause what is called a power surge. Power surges occur when the flow of electricity is interrupted, then started again, or when something sends electricity flowing back into the system. Power surges can be dangerous to expensive TVs and desktop computers because the sudden flow of electricity can damage their power supply. This makes the power supply unstable and can damage expensive electronic components on the device. If the PC or TV is off when this happens, there's little to worry about but what about when it is running?

Damaging surges are much rarer now than it was years ago but still a possibility, especially if your desktop PC is on and running when a brownout occurs, causing a sudden surge. People can protect their devices with surge protection.

What is surge protection? Well one protection that comes with the house are the breakers on your electric panel. But they don't always trigger on minor surges, so what we are talking about today are surge protector power boards.

These are boards that will protect your devices from minor surges that could otherwise potentially damage your device. They can be inexpensive (and offer a little protection) or expensive (offer a lot of protection) and the surge protection doesn't last forever. This is because if there is a surge, they take the brunt of the surge and the protection inside wears down taking the damage instead.

Most protectors have a little red light on them telling you the protection is working. If the light goes out, it means they have protected the surge but the capacitor inside the board has worn out and it's now just a regular power board.

It's a good idea to have at least a surge protected power board for your PC and TV, I myself use a \$40 Belkin one on my PC, just for a little peace of mind if a surge happens.

# Leopold Garden Club



The June meeting was well attended and attendees took great pleasure in having a taste of a variety of sponges during the coffee/tea break at half time.

This being a Garden Club, things gardening were also exchanged besides sponge recipes. Those that attended had the chance to receive a variety of plants: parsley, polyanthus, lilliums, paintbrush lily, swan bush, strawberries and others. The main discussion was on grafting of fruit trees and the chance to ask for scions from members who will be pruning this winter.

The concept of Green Manure crops was also covered, for those who wish to rejuvenate their soil in any area of the garden. It involves growing a legume (pea or bean) to build up the nitrogen levels in the soil. The roots of most legumes can form nodes which allow the plant to take nitrogen in the air and transfer it to the soil. Later on, the plant can be harvested and dug into the soil (the green manure component).

Broad Beans are often used as they grow a reasonably sized plant (more green manure), have a useful crop, particularly if used when young and tender. The other advantage of the Broad Bean is that it will germinate at soil temperatures as low as 4degrees Celsius, ideal at a time when little will grow but weeds.

The next meeting will be held on the third Monday of July – 17<sup>th</sup> at 1.00 p.m. Cost is \$5.00 which includes a cuppa and biscuit.

Dimitrij Betz  
Garden Club Co-ordinator

