



YOUR COMMUNITY CONNECTION

ISSUE 54 | MAY, 2024

31-39 Kensington Road, Leopold 3224

Phone: 52 501 301

info@leopoldcommunitycentre.com.au

*Preserve an old family recipe for
generations to come*

COMMUNITY COOKBOOK

"Laughter is brightest in the place where the food is." – Irish Proverb

Leopold Community & Learning Centre is seeking to create a collection of family cooking recipes and their stories from the community!

Old family recipes are important. Like photographs, they can transport us back in time to our loved ones' homes where many happy memories were made and can be shared with others.

If you have a favourite recipe/s and perhaps a story of what it recalls to you, we would love to hear from you.

Email: manager@leopoldcommunitycentre.com.au or come into the Centre and drop off your favourite recipe/s.

We would like to know:

1. Name of recipe
2. Recipe ingredients and method
3. The tradition/culture/story behind the recipe
4. Your first/full name so it can be credited to you

If you are unable to supply a written copy, then we would be more than happy to help record it over a cuppa.

We welcome recipe submissions over the next 4 months with submissions closing September 2024.

It is hoped that the Community Cookbook will be published and on sale in time for Christmas. Those who have contributed their recipes will receive the Cookbook free of charge.

We look forward to hearing from you!



WHERE TO GET HELP FEED ME

Are you in need of a little bit of extra help? Feed Me Bellarine try and help as many as they can through their food relief program.

No questions and no agendas. They are there to help anyone that needs a meal. Feed Me source perfectly good food waste, they then cook it so you don't have to. They are open throughout the week for you to pick up food relief. If you are unable to travel due to physical, financial or mental health reasons they can consider you for their delivery routes.

Feed Me is a registered charity and their vision is to create a community space run primarily by volunteers that can rescue, reuse and re-purpose food waste with respect and dignity for the product and for the people that will be consuming the product.

By visiting their website: feedme.org.au, you can fill out a 'Food relief request' form or visit them at 24 Sinclair Street, Ocean Grove.
Phone: 0422 798 791

KEEPING CONNECTED

Welcome to the 54th edition of Leopold BUZZ.
Phone: 0352 501 301

OFFICE HOURS:

Monday-Thursday 9.00am-4.00pm



Leopold Community &
Learning Centre

Bendigo Bank

'Sing out Strong' Community Choir presents 'Medley of Melody'

Afternoon Tea
provided



Tickets:
\$5.00

Tuesday 25th June at 2.00pm

Enjoy listening to well known songs from various shows. Includes a community singing bracket.



Bookings essential: Phone 52501301

Tickets can be purchased at Leopold
Community & Learning Centre
Level 1, 31-39 Kensington Rd Leopold



**Neighbourhood
House Week** 13 - 19
MAY '24



**STRONGER
Together!**

To celebrate Neighbourhood House Week in May, we are opening our doors wide open for new people to come and party with us!

- | | |
|---------------------------|---|
| Monday 13 | Chatty Café 10am-12pm |
| Tuesday 14 | Community Choir 2-3pm
Come along for a sing |
| Wednesday 15 | If you couldn't make it on Monday, the Chatty Café is open again 10am-12pm |
| Thursday 16 th | 'Hit & Miss' Table Tennis 10.30am-12.00pm
Join in free of charge for the morning |



CHATTY CAFÉ

Mondays & Wednesdays

10.00 am to 12.00 pm



Belly Dance Classes



Belly Dance is an ancient art form, an amalgamation of the folkloric, nomadic and classical dances of the Middle East. It is for women of all ages, all shapes and all abilities. Expect to laugh, to connect with community, to improve all aspects of your wellbeing and to celebrate life.

Hip scarves provided. Wear comfortable clothing that allows freedom of movement.

Thursdays at 2.00 pm
8-week term

Cost: \$10 per class

Bookings essential: 52501301

Tech Assist

Having trouble with your phone, tablet, computer or completing on-line forms?

We can help you with one-on-one technology assistance.

30 minute appointment: \$10.00



Tristan is available Monday -
Thursday by appointment
Phone: 52 501 301

- ✓ Help swapping to a new phone - transfer contacts and photos etc.
- ✓ Help with using laptops, phones etc
- ✓ Help with on-line forms

AROUND THE CENTRE

Many of our patrons signed a petition for more car parking at the Leopold Community Hub over 12 months ago which was then submitted to the City of Greater Geelong.

We can report that a sign has now been erected at the entrance to the car park which advises that only Community Hub users are to use the car park.

We will continue to interact with Council in order to establish more car parking as the Hub grows busier each year.



Leopold Community & Learning Centre



LEARN HOW TO CROCHET A TARTAN RUG



- 70 different tartans to choose from
- If you haven't crocheted before, Lorayne can teach you



- Patterns available for your favourite football team colours
- First class: Introduction, choose your tartan pattern



- Bookings essential: Phone: 52 501 301
- Cost: \$5.00 per class (does not include materials)

Commencing Thursday 23rd May at 1.00 p.m.

Level 1, 31-39 Kensington Road, Leopold



BELLARINE COMMUNITY SUPPORT REGISTER INC.

Chairperson Vacancy

Commences October 2024

Applications close 5pm, Friday, 31st May, 2024.

Join BCSR as Chairperson

Are you passionate about making a positive impact in your community?

Do you have the leadership skills to manage change and support a worthy cause?

If so, we want you to join us as the Chairperson of our small but important charity!

About Us

The Bellarine Community Support Register serves to enhance the safety and security, confidence and sense of wellbeing of those living on the Bellarine.

The Register holds the personal and contact information of 1,400 Registrants that can be accessed by Police in the case of emergency.

The service is supported by a dedicated group of 29 Volunteers who undertake a range of services to ensure that the organisation is governed and operated by well-informed, trained and passionate members.

Applications close at 5:00pm on Friday, 31 May, 2024.

Email: r.rotherham@bournet.com.au for further information

TRISTAN'S TECH TIPS

Screens – does brand matter?

Opinion Article

When buying a new TV for the living room, does it matter what brand it is? The truth is you get what you pay for but that doesn't mean you should run out and buy the most expensive screen in the store, you may not even end up not liking it! You need to consider the following: Size, colour accuracy, technology, and panel type, "smart" features and most importantly: budget.

First of all, size matters. If it is so small you are squinting to see details or so big it looks blurry (for being too close!) or you are craning your neck, it's no good. Make sure it is a comfortable viewing size that's not too small or too large. All manufacturers do various sizes now.

The better the TV the better the colour. Cheap TVs from Aldi, Kogan or other such brands may have washed out, dull or non-vibrant colours. If you can't stand off colours, avoid these TVs. OLED TVs have class leading colours but are very expensive.

When I say technology I mean all the little extras it may or may not have. Some have "upscalers" which sharpen older content so it looks nicer, and some have "HDR" which is a fancy way of saying it can look nicer. Not all HDR is equal though and cheap HDR TVs may not look much nicer at all if it even actually works. Tech is nice to have but not essential.

Panel types are the screens themselves. Cheap panels may look blurry or off colour and may look awful unless you are looking dead straight at the screen. Pay attention to the Screens viewing angles, would it be ok to use in a room with couches at an angle from the screen? Can the panel keep up with the action? If it can't sport or movies may pixelate trying to keep up with the high-speed movements.

Is the TV "Smart"? That means you can connect it to the internet and watch streaming shows such as Netflix or Disney+. Cheap TVs may have awfully slow and laggy smart features, where you may be better off buying something like an Amazon Fire Stick or Google Chromecast with Google TV and just sticking that into the HDMI port for a much faster experience.

Last but not least is the budget. Sure, we all may want the super special TV that looks amazing, but we may not be able to fork out thousands of dollars to get it. I sure can't! Shop within your budget, but it may be worth waiting for a sale and getting a mid-range TV like a TCL or Hisense for \$100-200 more than a cheap TV you may end up hating.

Leopold Garden Club



The April meeting was well attended and those attending were offered a wide range of plants and seedlings to select from. These included columbines (aquilegia/granny's bonnet) coriander, peony poppy (antique Flemish) cos lettuce, Won Bok (Chinese cabbage), calendula (English marigold) Romanesco broccoli, swede (Neeps the Scottish name) jonquil bulbs and crinum bulbs.

The growing of garlic was discussed, it is not too late even now to plant the cloves, just allow about 210 days to harvest, they will be ready about late December. The usual treatment is to assess that growth has finished, usually the leaves start to yellow at the tips. The leaf stems are then broken but not removed, given a week to dry off and the garlic is lifted and left on the surface to dry completely. After about a week the garlic bulbs can be braided by the stalks and hung as a braided string for use. If you can't wait for the garlic to be ready, the leaves can be harvested during the growing season and used as a garlic flavouring, being aware that the leaves are more pungent than the bulb, so you won't need as much. Some years ago, garlic shoots were tried commercially but never took off. Whether it was the price, the added punch or the unusual nature of the garlic in that form, that the idea didn't work. You can try it yourself by using a leaf in your cooking.

The Garden Club will be demonstrating and discussing Fruit Tree Pruning this coming meeting which will be on 20th May (3rd Monday of the month) at 1.00pm. Cost \$5.00 and includes a cuppa and biscuit.

Enjoy a chat, a chance to ask questions – can even be on gardening!

Dimitrij Betz
Garden Club Co-ordinator

Next Meeting: 20th May at 1.00 p.m.