

LEOPOLD BUZZ



Leopold Community &
Learning Centre

YOUR COMMUNITY CONNECTION

ISSUE 59 | OCTOBER, 2024

Level 1,

31-39 Kensington Road, Leopold

Phone: 52 501 301

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Dr June Alexander with her assistant Tanya Motiani, presenting the social history book to Victoria Mathews, Librarian at the Leopold Library.

The *Life Stories from Geelong and the Bellarine 2024* book is a culmination of many, many hours of work over the year from participants of the CoGG "I Remember When" grant. The book is a compilation of autobiographical stories from residents of the Greater Geelong area. The stories illustrate the threads of cultural influences that weave into the richness of today's society.

As a published author herself, June has led, supported and guided the group teaching them how to map, structure content and apply narrative skills to create this memorable book.

The wide interest shown by community members reveals a strong desire to write and preserve their stories for themselves and future generations. June explains that the value of her writing groups goes far beyond the written word. Participants benefit in social connection, sharing, developing a sense of belonging and seeing that their life counts. "There is a need to provide people with assistance in writing their story and, with Tanya, I am offering a new course in 2025," June says (see page 3).

Welcome to the 59th edition of Leopold BUZZ Previous issues can be found on our website:

www.leopoldcommunitycentre.com.au

Office Hours: Monday-Thursday 9.00am to 4.00pm



TRY BEFORE YOU RIDE

Geelong

Thursday 28 November 2024

1.00pm to 3.00pm

V/Line invites you to Try Before You Ride event which helps people of all abilities feel more confident when using the public transport system. This includes people with accessibility requirements, parents with children and seniors and will be held at the Geelong Station

Attendees can practice getting on and off trains, trams, buses and taxis safely or speak with public transport staff and learn about accessibility features.

Travellers Aid will also be in attendance to provide assistance during the event.





AROUND THE CENTRE

Naming Competition

This wonderful creation by one of our 'In Stitches' craft members is needing a name. You will not require any help in knowing that he is a baby elephant!

To enter the competition, simply contact us with your details and the name you have chosen by 30th October, and you could win a Voucher for a free Cuppa and cake at our Chatty Café.

The winner will be notified by 31st October.

"HIT & MISS"

Social Table Tennis Group

If you are interested in competing in the Olympic Games in 4 years time, then this is NOT the group for you!



Thursdays 10.30 - 12.00
Level 1, 31-39 Kensington Road, Leopold
Cost: \$ 5.00



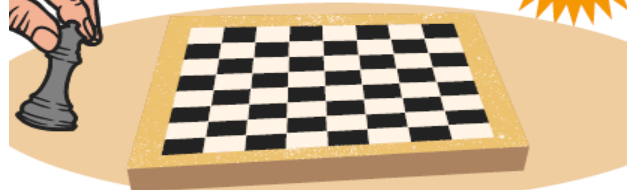
Phone: 03 52501 301

LEARN TO PLAY CHESS

- Designed for primary aged school children
- Wednesday afternoons after school 3.30pm to 5.00pm
- Leopold Community & Learning Centre Level 1, 31-39 Kensington Road, Leopold
- Cost: \$5.00 per lesson
- To register your interest contact us on 52 501 301



Commencing: 16.10.2024



LOOKING FOR A PLACE TO HOLD YOUR MEETING OR EVENT?

We have rooms available that you can hire for your event, celebration or meeting



Community Room

Very large area perfect for big functions
Includes access to kitchen area making it ideal for functions
The room has a balcony with views over Geelong



Commercial Kitchen

Large kitchen suitable for commercial use
Has servery window that connects to the Community room



Kensington Room

A sunny and spacious room that includes a large TV with surround sound connected. Suitable for meetings and a large range of activities

Multi-purpose Room

Large, open area that can be enclosed with wall dividers
Located conveniently next to a kitchenette area

More information can be found on our website: www.leopoldcommunitycentre.com.au



The course covers:

- Getting around without a car
- Safe use of public transport and using Myki with confidence
- Tips for taxi use
- Community transport and support services
- Travel planning and discounted travel passes
- Being a safe pedestrian
- Practical outing using public transport
- Customised to the transport options in your local area
- Promotes health benefits of continuous exercise and social interaction
- Up to date information
- Travel safely and confidently in your community

Held over 3 consecutive weeks

FREE

Monday 14, 21, 28 October 1.00-3.00 pm
Level 1, 31-39 Kensington Road, Leopold
Bookings essential: Phone 52501301



Leopold Community & Learning Centre

Community Road Safety Grants



Write your Story

Join Dr June Alexander's Writing Class

From start to finish in 2025

Now is the time to bring your story to life!
 Write the book you've dreamed of
 —with expert guidance, you can do it!

What you get:

Ten group workshops: Receive guidance in writing your story from the first page to the last.

Individual mentoring: Personal support attuned to your needs the whole way through.

Expert guidance: Dr June Alexander is a published author and narrative mentor. She has a PhD in Creative Writing and, with her assistant Tanya Motiani, will guide you through every stage of writing your book. This includes mapping, structuring the content, and applying narrative skills to make your story memorable. See June's website: www.lifestoriesdiary.com

Why enrol?

Only you can tell your story: Preserving it in a publishable manuscript creates a rich legacy.

Supportive environment: Experience understanding, acceptance, encouragement, connection and inspiration within a tight-knit community of like-minded writers.

Limited class numbers: Ensuring you receive professional guidance and feedback.

Venue: Leopold Community & Learning Centre, Level 1, 31-39 Kensington Rd Leopold

Workshop dates: Feb. 12, 26 March 12, April 9, May 14, June 11, July 9, Aug. 13, Sept. 10, Oct. 8.

How to enrol: 52 501 301

Cost: \$1000 covers year's tutoring and mentoring
 Payment due:

February 1, 2025
 (Refunds not available)

Hurry —Spaces are limited!
 Be amazed at what you can achieve with June's mentoring and leadership.

Make your dream of being an author a reality in 2025

CHATTY CAFE

Mondays and Wednesdays
10.00 a.m. to 12.00 p.m.



Why not join us for a cuppa, cake and chat
 Everyone is very welcome!



Leopold Community & Learning Centre



The Centre will be closed on
Wednesday 23rd October
for the Geelong Cup



Leopold Community & Learning Centre

Notice of Annual General Meeting 2024

Wednesday 30th October at 4.00 p.m.
 Level 1, 31-39 Kensington Road, Leopold
 All are welcome to attend

TRISTAN'S TECH TIPS

Mobile Phone Accessories

You probably know about cases, car vent/windscreen phone holders, screen protectors and power banks but here are some potentially lesser-known accessories you can use with your mobile phone.

- **Fast Chargers:** Most new phones only come with a cord and no charging brick. The good news is you can buy "fast chargers" that will charge your phone quicker than the old bricks they used to include in the box!
- **Bluetooth headset:** Sick of putting the phone up to your head or using the speaker? Pop this small headset in your ear and you can use it for calls.
- **Bluetooth trackers:** Popular with travellers who have valuables in their luggage. You synch the tracker to your phone, pop it into your bag, cases ext. and then it will tell you where the tracker, and by extension luggage is at any time. Can be great not just to locate luggage quickly but also has been used to catch thieves out who steal luggage by leading the police right to their house.
- **Selfie Stick:** For those who love to take "selfies" of themselves, especially on holiday to scenic vistas. You pop the phone on the stick and can hold it out or prop on the floor if they have a tripod further than your hands could for the perfect shot, usually more stabilised too for less "shaky" filming if that's what you would prefer. They may also have a button you can press to take the photo.
- **Smartphone lanyard:** A clear phone case on a lanyard strap for if you would rather hang your phone around your neck than in a pocket, bag or purse. Popular with certain tourists. There are also *Waterproof pouch* versions which are great for use in or around water, including snorkelling!
- **RFID blocking Faraday phone bags:** For those who truly want to go off the grid. It blocks signals to and from the phone when it is in the bag. Can also be used on modern car keys to potentially stop "Key cloning" from sophisticated high-tech thieves.

Leopold Garden Club



The September meeting was an opportunity to benefit from the generosity of several members. A range of plants and seedlings were generously presented for distribution. These included tomato plants, rhubarb, viola tri-colour, oriental poppies, star jasmine and seedlings of Balinese lily, Trombo chino, Asiatic climbing spinach. Also brought in were offsets of bromeliad (cerise flowered), clivia (named after the granddaughter of Clive and India).

The plant request system also paid dividends in that a member was after an African violet and low and behold, a lovely healthy specimen was brought in. There was also a request for cosmos seeds, and this was also part of the largesse of the club members.

The topic of discussion was the growing of tomatoes. When planting it is recommended that the plants are planted deep.

When transplanting seedlings, removal of the two leaves which appear when the plant germinates is recommended. These lowest two leaves drop off as the plant gets bigger. So, when doing the first transplant these can be taken off and the seedling planted right up to the next set of leaves. Roots will develop all along the stem adding to the feeding ability of the plant. I have also seen and tried planting larger plants sideways in the soil, covering the roots and stem with only the top leaves above the ground. Roots will develop along the buried stem and the top will grow vertically as normal. Many other aspects were covered, and other questions answered.

For a chance to ask those gardening questions, come along on the third Monday of the month at 1.00pm. Cost of \$5.00 includes good company and a cuppa.

Dimitrij Betz,
Garden Club Co-ordinator

Next Meeting: 21st October at 1.00pm