## **LEOPOLD BUZZ**

## Leopold Community & Learning Centre

#### Lev

31-39 Kensington Road, Leopold

Phone: 52 501 301

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#### YOUR COMMUNITY CONNECTION

ISSUE 58 | SEPTEMBER, 2024



We are excited to welcome back those who have been unable to attend LC&LC due to the lift being out of order.

We would like to thank and acknowledge again, the resilience and patience of the community whilst the lift has been out of order these past 6 weeks. This had a significant impact on the accessibility and participation of many of our groups and activities.

Thank you again to our LC&LC community for your patience.

#### Welcome to the 58th edition of Leopold BUZZ

Previous issues can be found on our website: www.leopoldcommunitycentre.com.au
Office Hours: Monday-Thursday 9.00am to 4.00pm
Leopold Community & Learning Centre (LC&LC)

## WHERE TO GET HELP

### **Free Skin Cancer Check**

Formed in 2019, the Lions V Districts Cancer Foundation sought to take a leading role in improving skin cancer awareness through skin screenings and the provision of information and support; to that end they have provided a mobile skin cancer check unit for Victoria and southern New South Wales.

The Skin Cancer Check and Awareness Mobile Unit will be in Leopold on 12<sup>th</sup> October from 10.00am to 3.00pm at 'Live, Love, Leopold' event.

The skin screenings are free and trained dermoscopists, people trained in the skill of using a magnifying instrument specifically designed to get a close-up view of the skin and skin lesions, will conduct the screenings and will determine if there are any suspect lesions. In the event that any skin lesions are identified that may require further attention, the dermoscopist provides the client with a referral. It is not their task to diagnose – simply to check and refer on. There are three booths located in the mobile unit and Bookings are essential. Phone Pearl: 0449 579 184

With thanks to the Lions Clubs of Leopold and Geelong Breakfast who are sponsoring the mobile unit to visit Leopold (See Page 3).

### AROUND THE CENTRE

## GARDEN CLUB



Some of the Members of the Garden Club admiring the free give aways on offer at the last meeting.

Third Monday of each month at 1.00 p.m.

Cost: \$5.00 includes a cuppa and biscuit

Next Meeting: 16<sup>th</sup> September 2024

### **CRAFT WORKSHOPS**







Pictured above is the culmination of a series of three morning workshops to create these lovely patchwork cushions.

# SCAM AWARENESS TRAINING







Presented by Bellarine Neighbourhood as part of Bellarine Police

Learn about scams and how to protect yourself. Knowing what the common types of scams are, and what to look out for could save you from becoming a victim.

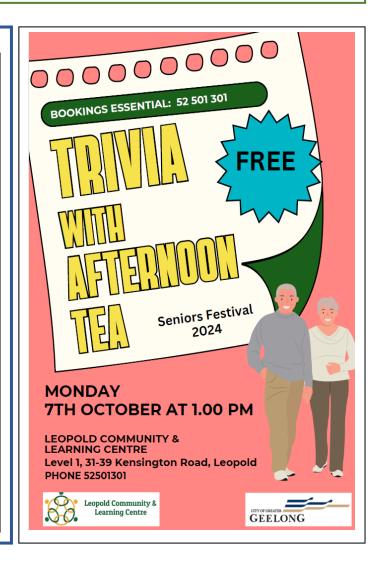
When: Monday 2nd September Time: 10.00 a.m. - 11.00 a.m.

Where: Leopold Community & Learning Centre

Level 1, 31=39 Kensington Road, Leopold

Cost: Free

Phone 0352 501 301 to register your interest





#### The course covers:

- · Getting around without a car
- · Safe use of public transport and using Myki with confidence
- · Tips for taxi use
- · Community transport and support services
- · Travel planning and discounted travel passes
- · Being a safe pedestrian
- · Practical outing using public transport
- · Customised to the transport options in your local area
- · Promotes health benefits of continuous exercise and social interaction
- · Up to date information
- · Travel safely and confidently in your community

Monday 14, 21, 28 October 1.00-3.00 pm Level 1, 31-39 Kensington Road, Leopold Bookings essential: Phone 52501301







consecutive

## **FREE** SKIN CANCER CHECKS



Leopold Primary School Car Park WHERE:

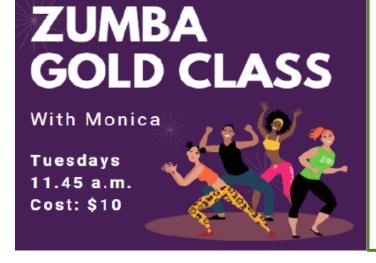
WHEN: Saturday 12th October TIME: 9.00am to 3.30pm

BOOKINGS ESSENTIAL: Call Pearl on 0449 579 184

LIONS CLUBS OF LEOPOLD AND GEELONG BREAKFAST Supporting the Leopold community









### **Notice of Annual General Meeting 2024**

Wednesday 16<sup>th</sup> October at 4.00 p.m.

Level 1, 31-39 Kensington Road, Leopold

All are welcome to attend

### TRISTAN'S TECH TIPS

#### Read Books and Newspapers online for Free

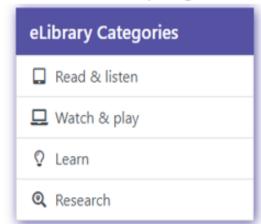
All you need is a library card. Everyone knows you can come on down to the library and read the latest newspaper for free, but did you know you can also read it on your phone or computer without paying a subscription?

The Geelong Regional Library website

<a href="https://www.grlc.vic.gov.au/">https://www.grlc.vic.gov.au/</a> (Not a Sponsor) Have an

"eLibrary" full of electronic versions of books, children's books, Australian literature, magazines and newspapers which includes: "BorrowBox" for novels, "Libby" for magazines, "Newsbank" for newspapers and more.

From the homepage, click on **Browse**, then click on **Read** & **listen** under "eLibrary Categories"



You will now be able to click on the service you want.

For example if you would like to read todays paper for free, click on **Login** for "Newsbank" and it will take you to the Newsbank page. Now you enter you library card number and click **Log in**. Now you can read the paper! Please note there are text only and image versions of the paper. Please click on the version that says **Image** on it.



You no longer even need to leave your home to access these normally paid literature for free, and that sounds like a great deal to me!

### **Leopold Garden Club**



Another well attended Garden Club.

Attendees were able to get hold of a range of plants in pots ranging from rhubarb, daffodils in flower to avocado seedlings

A request had been made at the last meeting for cherry tomato plants. Even though it is still early for tomatoes. Tommy Toe seedlings were given out with the proviso that they be kept somewhere warm until mid-October when I would recommend they be planted out. The other option is to keep repotting the plants up. I would wait till the roots show at the base of the current pot, then choose a pot at least twice the size and repot with the roots undisturbed and plant the plant deeper giving more soil coverage at the stem. This allows extra roots to develop and should help to give a larger plant. If you intend to grow your tomato in pots, I recommend a pot of at least 30cm diameter or larger.

Other points of discussion were the use of blood and bone, dynamic lifter and seasol.

The Garden Club is a chance to ask your questions, request plants, get plants, seedlings and seeds while enjoying good company and a cuppa and biscuit.

The third Monday at 1.00pm is the date and time for your adventure in gardening.

Dimitrij Betz, Garden Club Co-ordinator

Next Meeting: 16th September at 1.00pm