# LEOPOLD BUZZ

## Leopold Community & Learning Centre

### YOUR COMMUNITY CONNECTION

ISSUE 62 | JANUARY, 2025

Level 1, 31-39 Kensington Road, Leopold Phone: 52 501 301

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## FAMILY HISTORY **DISCUSSION GROUP**





Interested in Family History? A new group will hold its first meeting on Tuesday 18th February at 1.00pm to discuss format, frequency (whether once a month presentation or weekly meetings) etc.

Possible topics for presentations include:

- Time Lines
- Research Reports
- Archives
- · On-line searches



Cost: \$5.00 which includes a cuppa

To register your interest, phone us on 52501301. We would love to hear from you!



lgnite a love for rea

We have a few vacancies in our Book Club for 2025. If you are interested in coming along, contact us during office hours: Monday-Thursday 9.00am to 4.00pm

First Thursday of the month

## 6 FEBRUARY

\$5.00 1.00 p.m. Includes a cuppa

Leopold Community & Learning Centre 31-39 Kensington Road, Leopold Phone: 52501301



## **Volunteers Needed** for Chatty Cafe

The Chatty Cafe is open on Mondays and Wednesdays from 10.00a.m. to 12.00 noon

### What's involved?

Most of our volunteers help facilitate conversations at designated Chatty Tables and assist with making coffee/tea, serving customers, washing dishes etc.

A Working with Children Check and Police Check are required, which we will be more than happy to assist you with obtaining.

If you are interested in volunteering for a couple of hours per week, please contact us on 52501301.





### **Leopold Community & Learning Centre**

Wishing you all a very Happy New Year!

### Classes/Groups recommencement dates for 2025





Zumba Gold

Office Hours: Monday-Thursday 9.00am to 4.00pm Level 1, 31-39 Kensington Road, Leopold



28.1.25



### Leopold Community & Learning Centre Community Cookbook

Generational recipes and stories by members of the greater Leopold Community

### Our Cookbook is now available!

Our cookbook is now available to purchase at the low price of \$5.00.

Thank you to those who contributed their recipes, please come and collect your free copy from the Centre during our office hours.

Office hours: Monday - Thursday 9.00am to 4.00pm



### Write your Story

Join Dr June Alexander's Writing Class

### From start to finish in 2025

Now is the time to bring your story to life! Write the book you've dreamed of —with expert guidance, you can do it!

Ten group workshops: Receive guidance in writing your story from the first page to the last. Individual mentoring: Personal support attune your needs the whole way through.

Expert guidance: Dr June Alexander is a published author and narrative mentor. She has a PhD in Creative Writing and, with her assistant Tanya Motiani, will guide you through every stage of writing your book. This includes mapping, structuring the content, and applying narrative skills to make your story memorable. See June's website: <a href="www.lifestoriesdiary.com">www.lifestoriesdiary.com</a>

### Why enrol?

Only you can tell your story: Preserving it in a publishable manuscript creates a rich legacy. Supportive environment: Experience understanding, acceptance, encouragement, connection and inspiration within a tight-knit community of like-minded writers. Limited class numbers: Ensuring you receive professional guidance and feedback.

Venue: Leopold Community & Learning Centre, Level 1, 31-39 Kensington Rd Leopold

Workshop dates: Feb. 12, 26 March 12, April 9, May 14, June 11, July 9, Aug. 13, Sept. 10, Oct. 8.

How to enrol: 52 501 301

Cost: \$1000 covers year's tutoring and mentoring Payment due: February 1, 2025 (Refunds not available)

Hurry —Spaces are limited! Be amazed at what you can achieve with June's mentoring and leadership.

Make your dream of being an author a reality in 2025



## A taste of life'

A series of six workshops with demonstrations and tastings of how to cook delicious, healthy food on a budget

- · Learn how easy it is to cook delicious healthy food through demonstrations.
- · Participants will be encouraged to help the facilitator during the demonstration.
- Recipes will be given out so you can cook at home.
- · Participants will be given the opportunity to taste the food demonstrated in a community setting.
- Bookings Essential. Cost: \$5.00 per workshop
- · Days and times to be confirmed







### A refresher course for responsible older drivers.

Join us for an informative, informal, and friendly refresher course, to upgrade your knowledge and build on your experience to keep you driving safely. The program is purely educational and there is no driving involved.

### **Driving today**

- How driving has changed over the years
   Our strengths as older drivers
- · Overcoming the risks · Tips for wiser driving

### Safety tips for wiser driving

- · Keeping your car in good condition
- Night time driving
   Planning ahead
- · Medicines and driving
- Safety rules
- Changes to the Victorian road rules
- What to do in a crash
   Fun quizzes to check your knowledge of the road rules

### Car safety features

- How safe is your car? New mandatory requirements
- Tips for buying a safer car
   Used Car Safety Ratings.

### Being roadworthy

- Assessing your own driving skills
  How ageing can affect your driving
- · Staying safe helpful hints

### Planning for the future

- Retaining our licences
- Occupational therapy driver assessments
   Using Public Transport to supplement driving

### Resources included:

- · Vic Roads: Road to Solo Driving Handbook
- · Online Videos from RACV & VicRoads Fun quizzes to update your knowledge of the
- Visit from Vic Police to answer your questions and gueries

### This course is FREE

4 sessions x 2 hours over 4 weeks



Where: Leopold Community Hub

Level 1

31-39 Kensington Rd, Leopold

When: Monday

28 April, 5, 12, 19 May 2025

Time: 10.00 - 12.00 pm

To inquire about joining the course at Leopold Community & Learning Centre

Phone: 03 5250 1301

Road Safety Grants Vicroads



CHATTY CAFÉ WILL RE-OPEN ON MONDAY 3rd FEBRUARY 2025 AT 10.00am

## TRISTAN'S TECH TIPS

### Thunderbird – An opinion article

Until recently I just used the email program that came with my PC. It sent and received emails and I was happy with it. Then Microsoft removed the email client and added "New" Outlook for the free version. It wasn't as good as the old one but I used it anyway because it worked. But slowly it started to work less and less and towards the end it was constantly telling me there was a problem with my account or telling me I wasn't logged in then relogging in, multiple times a day. (It is to be noted that the full version of Outlook still works fine which is distinct from the free version).

So, I dumped them. If they fix their issues maybe I'll use them again, but I will probably just stick with the alternative I downloaded: Thunderbird.

Thunderbird is a free open-source email client. Open source basically means the "source code" or inner workings/lines of code for the program is available for anyone to look at and even give out or modify. It is owned by the "Mozilla" corporation who made the popular Internet browser "Firefox".

It looks a bit different to what I'm used to but I got used to it quickly. I logged in with my email addresses and I could choose to just let it use its own default settings or completely customise every setting (I recommend default). It instantly started downloading my emails. I was impressed with how quickly everything works with it too. My old email client just took a while to start working and emails could take a little bit of time to arrive, but this was just quick.

While a little cumbersome to do so, I could also customise how it looks visually too, like the colours, font size and some visual features. And it was very easy to switch between email addresses once again very quickly and without the lag or slowdown I have been experiencing with the Microsoft client.

It has a calendar feature built in that is supposed to rival Outlook, but I have to be honest, I haven't used it.

So overall, if you are getting frustrated with your current email client, after using it I can recommend giving "Thunderbird" a try.



## **Leopold Garden Club**



Welcome to 2025 - another magic year in the garden. You are very welcome to come along to the garden club's next meeting and meet the wizard! Enjoy the company of fellow enthusiasts in the magical wonders of gardening.

This year we plan to have the first meeting to discuss what people want to converse about and include, in their joy of gardening for the year.

We will continue to encourage plants to be brought and given out and this will occur at our first meeting because I have some wonderous plants to give away!

Bring your enthusiastic self along on the third Monday of the month and enjoy the camaraderie of like-minded garden aficionados.

Cost: \$5.00 which includes a cuppa and biscuit.

Dimitrij Betz Garden Club Co-ordinator

Next Meeting: 20th January 2025 at 1.00pm