# LEOPOLD BUZZ

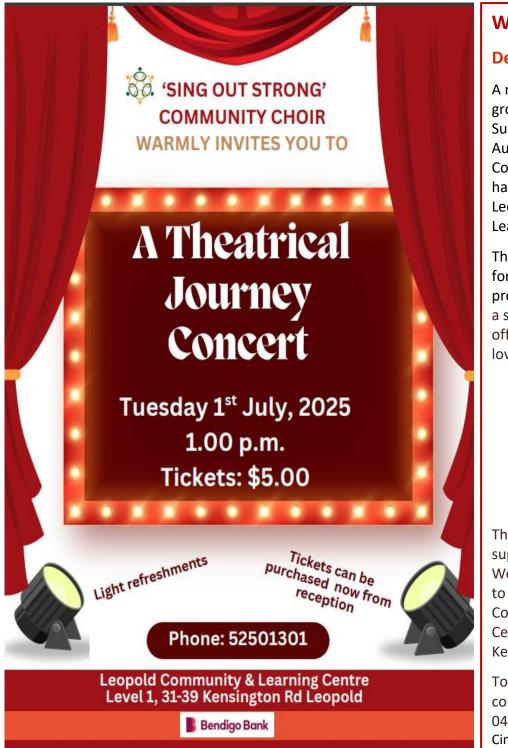
### YOUR COMMUNITY CONNECTION

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Leopold Community & Learning Centre

Level 1, 31-39 Kensington Road, Leopold Phone: 52 501 301 info@leopoldcommunitycentre.com.au



Welcome to the 67<sup>th</sup> edition of Leopold Buzz. Previous copies are available on our website: www.leopoldcommunitycentre.com.au.

Office Hours: Monday – Thursday 9.00am to 4.00pm

## WHERE TO GET HELP

#### **Dementia Support Group**

A new dementia support group run by Cindy Jobe, Support Co-ordinator from Australian Multicultural Community Services Geelong has commenced at the Leopold Community & Learning Centre.

The group meets every fortnight and is a FREE program designed to provide a safe and welcoming space offering support for you or a loved one.

- Come along and enjoy a free cuppa and light brunch.
- Connect with other carers
- You can bring your loved ones with you

The next meeting of the support group is on Wednesday 11<sup>th</sup> June 9.30am to 12.00pm at the Leopold Community & Learning Centre, Level 1, 31-39 Kensington Road, Leopold.

To register your attendance, contact Cindy Jobe on 0403 183 022 or email Cindy.Jobe@amcservices.org.au

OR

Phone us at the Centre on 52501 301

# AROUND the CENTRE



Everyone enjoyed themselves at our 'Mad Hatters' Tea Party to celebrate Neighbourhood House Week. Congratulations to Liz on having the 'Best Hat' and the 'Encouragement Award' to Phil for his 'Big Ted' Hat. Thank you also to our 'Hat Judge' Bronwyn Shearer from Community Bank Leopold.













#### A series of six workshops with demonstrations and tastings of how to cook delicious, healthy food on a budget

#### WORKSHOP 4:

#### It's a Scone-Off!!

Get ready foodies — Michelle is back in the kitchen, and this time it's a battle of the bakes with a Scone-Off Showdown!

Join us for a deliciously fun session as Michelle puts three scone-making methods to the test. Which method will rise to the occasion? There'll be chances to join in and of course, a tasting finale to crown the scone supreme.

Don't miss it — it's scone time!

#### MONDAY 23RD JUNE 10.00 AM COST: \$5.00

#### Bookings Essential: Phone 0352 501 301



GEELONG

# Å Dementia Carer Expo



Calm

#### Caring for someone that is living with Dementia?

Come along to our mini expo and speak with providers who can assist you with information about services in the area.

Date:	Monday, 16 June
Time:	11am – 2pm
Venue:	31-39 Kensington Rd, Leopold

On site at the event: Free light lunch, tea & coffee provided, local providers, relaxing music by Gary Dean, and a presentation from Dayle Johnson of Calm Minds Clinic to end the day. This is a registration-only event

Please register by contacting Cindy Jobe at Cindy.Jobe@amcservices.org.au or by calling 0403 183 022.





## **TRISTAN'S TECH TIPS**

## Linux "Mint" Operating system

**Opinion Article** 

With Windows 10 no longer receiving security updates later this year, in February I wrote about what you can do to prepare to upgrade to Windows 11. I mentioned some devices can be upgraded and some cannot and that Microsoft recommends you buy a new device.

Even waiting for sales this can be a financial burden, but there is an alternative: The free open-source Linux operating system, specifically the newcomer friendly Linux "Mint".

Linux is a completely separate Operating System to Windows. None of it was created by Microsoft and they cannot legally take any Microsoft code, so they made everything themselves. There are many different versions but we are focusing on the most "Windows like" beginner friendly "Mint". It is totally free and can be loaded on virtually any Desktop or Laptop.

Windows-only programs like Microsoft Word will **not** work on Linux, so if that is a deal breaker, especially if you use a special Windows-only software or program for work, Mint probably is not for you.

But other than that, Mint has a desktop, "Start" button (that is a letter M symbol), program lists and more that is all very similar (but legally distinct!) to Windows.

It also has many useful programs pre-loaded and ready to go, some of which I have recommended in past articles such as: LibreOffice for word docs, spreadsheets ext., Firefox for internet searching, Thunderbird for emails, VLC media player for videos and many others for an advertised "out the box" experience where you can load up and go.

It also has a "Package Manager" which lets you search, download and install a huge variety of Software developers have made available for Linux such as: GIMP (free Photoshop alternative) and Blender (3D modelling).

If Windows 11 is just out of reach as of right now, why not give Mint a go? They are by no means a sponsor of LC&LC, I just want to let people know they can get some more life out of their old devices or save a little money. Their website is <u>https://linuxmint.com/</u> if you want to take a look.

## **Leopold Garden Club**



The May meeting covered the planting of bulbs, corns, tubers, rhizomes and stolon. There are distinct differences:

**Bulbs**: consist of fleshy leaves around a growing point. They propagate by forming bulblet offsets that can be separated and replanted e.g. daffodils, tulips, lilies and onions/chives/shallots/leeks. **Corns**: solid single stem structures that store nutrients. Propagate by forming new corns around or on top of the parent corn e.g. crocuses, gladiolus, freesias.

Tubers: thickened stems or roots with eyes on the surface that propagate by sprouting new plants from these eyes e.g. dahlias, potatoes, cyclamens. **Rhizomes**: underground stems that supply the nutrient. Like tubers they have no basal plate the main difference is that rhizomes grow horizontally and develop new shoots and roots over a wider area of ground e.g. irises, canna lilies, ginger and grasses such as bamboo.

**Stolon**: or runners, occur across the above classifications. Potatoes have underground stolon which produce new plants along their length. Irises have soil level stolon. Strawberries produce stolon or runners, and many grasses and ground covers produce stolon as do mint, potatoes and irises \* \*Garden Express

Now that you know the differences between bulbs, corns, tubers, rhizomes and stolon; the lesson is ended. In fact, these details were not covered at Garden Club, we instead had an enjoyable session answering members questions, sharing plants and bulbs. I think there was a corn or two thrown in.

The next meeting will be held on the 3<sup>rd</sup> Monday of the month from 1.00pm to 3.00pm and includes a cuppa for \$5.00. So come along and not be bored and chat to like minded gardening enthusiasts. Ask the right question and I could bore you!

Dimitrij Betz Garden Club Co-ordinator Next meeting: 16<sup>th</sup> June at 1.00 p.m.